



**DECEMBER 16, 2024 - JANUARY 5, 2025** 

# WHERE THE BEST OF MEXICO HAS YET TO BE DISCOVERED

Four Seasons Resort Tamarindo, Mexico



## ¡Hola!

Tamarindo is such a special place for us—we're the lucky ones who get to live here. We enjoy and discover it every day. The opportunity to share it with you during this special time of the year makes us so proud. Thank you so much for choosing to discover Tamarindo with us or for returning.

We dedicate this Festive Season to Mexico and the rich traditions we cherish here, bringing them to you in an authentic and genuine way through unique activities, family-friendly events, and our restaurants.

We've prepared this brochure as your guide to help plan your stay. May I suggest reserving your dining and special events ahead of time?

Each one of us in Tamarindo shares a genuine care for you and we look forward to your stay, being there for you throughout your time with us.

¡Felices Fiestas!

Gerente General





## A SUSTAINABLE VISION: RANCHO LOLA

At Four Seasons Resort Tamarindo, México, upholding an unwavering commitment to sustainability, culinary excellence, and cultural preservation is woven into our fabric, offering guests a unique opportunity to savor the essence of Mexico's vibrant heritage in an environmentally conscious manner.

Central to this commitment is Rancho Lola, a low-impact sustainable farm located just a short golf ride from the resort. Here, guests are invited to reconnect with the origins of indigenous ingredients native to the region, fostering a deeper understanding and appreciation for the distinct flavors of Mexico. Nestled within our secluded 3,000-acre private nature

reserve, this newly redesigned farm will be the heart of the holiday season at Tamarindo, inviting guests to take part in immersive experiences inspired by the richness of the natural landscape that surrounds. Rancho Lola stands as a testament to Four Seasons Resort Tamarindo's commitment to sustainability, providing a deep connection to Mexico's vibrant culinary heritage.

Embracing a vision where our chefs transcend the confines of the kitchen, Rancho Lola is a showcase of our dedication to minimizing our impact on the Reserve while allowing guests the chance to experience and savour the finest regional and locally grown ingredients. It's a sanctuary where culinary experiences are elevated by a deep respect for the land, and where we invite guests to relish in the beauty and bounty of Mexico's natural landscape and Four Seasons Resort Tamarindo's approach to sustainable travel.

## FESTIVE EXPERIENCES AT RANCHO LOLA

### RANCHO LOLA BREAKFAST

DEC 20th, DEC 23rd, DEC 26th, DEC 30th - 9:00 AM

Rancho Lola will serve as the vibrant heart of Tamarindo this holiday season, transforming into a quintessential Mexican ranch, complete with an open-air kitchen and a welcoming communal table. Join our team for an exciting family breakfast experience while having an opportunity to wander through our lively natural surroundings, indulging in just-harvested vegetables, warm tortillas straight from the griddle, and artisanal salt from Cuyutlan.

\$1,750 MXN per guest \*\$20,000 MXN Private Experience (Up to 14 guests)

### RANCHO COOKING CLASS

Every Tuesday & Sunday – 12:30 PM

Master the art of Birria de Chivo Estilo Jalisco, and join us for a cooking class to learn the secrets of how to make this traditional Mexican Meat Stew bursting with rich flavors and cultural heritage. Spend your time chopping, blending, cooking and marinating with the reward being a beautiful taste of Mexico surrounded by friends when the stew is ready to be enjoyed!

\$1,750 MXN per guest \*Additional private experiences available.

### RANCHO & XOCHITLAN TOUR

Every Monday, Wednesday, Friday - 4:30 PM

Take part in a tour of Rancho Lola, the low-impact farm at Tamarindo, to experience the heart of many of the fresh ingredients you will taste during your stay, interact with farm animals and discover the array of plants and succulents cultivated at Xochitlan, our plant nursery.

## TAMARINDO INTERNATIONAL SCHOOL: PLANT A TREE & GIVE BACK

Every Saturday - 10:00 AM

Take part in an important community initiative at Rancho Lola to support the Tamarindo International School (TAMIS)! Created by our resident biologist and his wife to offer an educational haven for children of Tamarindo employees and the surrounding towns, TAMIS strives to provide critical thinking, literacy and numeracy skills to children in La Manzanilla. Through preservation education, TAMIS also helps to instill a love of the environment including plants and animals who inhabit it by taking regular trips to the reserve. We invite guests to play a small part in this big commitment by planting a tree at Rancho Lola. Each tree will have a tag with the planter's name therefore families will leave a lasting impact on the property for generations to come.

Suggested Donation starting at \$1,000 MXN per tree.















## FEATURED FESTIVE EXPERIENCES

### SPA UNDER THE STARS

Available upon request – 8:00 PM | SPA

Experience an unforgettable evening with our exclusive "Spa Under the Stars" couples' package, tailor-made for those in search of a luxurious and intimate one-of-a-kind evening. Delight in the complete privatization of a portion of our spa facilities, creating an unparalleled sense of privacy. Ensuring an ambiance of tranquility for you and your loved one, this experience includes a 90-minute full-body couples massage curated to your preferences and 2 hours of exclusive access to our spa, featuring amenities like the steam room, outdoor showers and indoor and outdoor relaxation pools. Have the spa to yourself for star gazing, reconnecting and creating unforgettable memories! Also included in this experience is a bottle of champagne or wine, and a delicious charcuterie board for sharing. Additional food and beverages can be ordered in advance.

\$20,000 MXN per couple

### **MEXICAN REGIONAL DINNER**

DEC 19<sup>th</sup>, DEC 29<sup>th</sup> & Dec 30<sup>th</sup> – 6:00 PM Melaque Lawn

Indulge in a culinary adventure celebrating Mexico's rich cuisine, highlighted by its vibrant ingredients and flavors. Delight in a traditional feast featuring food stations and specialty cocktails designed to be savored in the company of loved ones. As part of this experience, enjoy family-friendly entertainment, including piñata breaking and lively mariachi music, all set against the backdrop of the famous Tamarindo sunset.

\$1,850 MXN + open bar

### STARGAZING CINEMA DINNER

DEC 20th & DEC 23rd - 7:00 PM | Melaque Lawn

Enjoy cinema stargazing like you've never experienced before, the perfect activity to enjoy with family and friends. Relax in comfortable loungers while enjoying a gastronomic feast featuring classic American cuisine like hot dogs and burgers, complemented by a candy bar and popcorn for the ideal movie night experience beneath the stars. Complimentary beer and house wine is included for the grown-ups.

\$1,350 MXN + open bar

### SKYWARD PARATRIKE ADVENTURE

DEC 26th, 27th & 28th - From 8:00 AM - 10:30 AM | Casa Club

Experience the ultimate adventure – from the air! Discover the vast beauty of Tamarindo's expansive nature reserve, spanning over 3,000-acres, and embark on a thrilling 15-minute flight that includes breathtaking aerial views, with the chance to spot wildlife in the distance. Let local adventurers Sean and Herminio guide you through the clouds, igniting your adrenaline and crafting unforgettable holiday memories.

\$5,000 MXN All ages welcomed – kids under 8 years old must be accompanied by an adult \*Same price for all ages

### WHALE WATCHING BOAT TOUR

Private Charter | Tamarindo Beach

Discover the serene, tucked-away bays of Tamarindo, where sea mammals find solace and raise their young. Mere steps from the beach, board a whale-watching boat tour for an amazing adventure across the Pacific Ocean to witness these magnificent creatures in their natural habitat during peak whale season.

\$4,700 MXN per hour (minimum 2 hours) – Up to 6 guests

### E-FOIL CLASS

Available December 16th to 23rd | Tamarindo Beach

Take flight on your first lesson! Rent an e-foil surfboard to use at Tamarindo Beach, powered by an electric motor and controlled by you, which provides an unforgettable adventure in the water. Experience the exhilarating sensation of gliding silently over the waves, combining the thrills of surfing, flying, and wakeboarding all in one ride.

\$5,000 MXN per hour per person









# FESTIVE HIGHLIGHTS

### **FESTIVE BONFIRE**

Every Wednesday – 6:00 PM - 10:00 PM Sal's Beach Bar

Gather with loved ones for a bonfire, Tamarindo style! With the ocean as your backdrop, kick back in barefoot luxury style surrounded by friends and family with drinks, music and marshmallow toasting for s'mores.

Pricing on consumption



DEC 24th - 6:00 PM | Sal or Coyul

Celebrate Christmas Eve with a special family dinner amidst the serene backdrop of hummingbirds within the reserve and the ocean waves of the Pacific. With two unforgettable five-course culinary experiences to choose from at either Sal or Coyul, this is sure to be a holiday meal to remember.

\$2,800 MXN - pairing included.



DEC 25<sup>th</sup> – 7:00 AM – 1:00 PM | Coyul

Wake up on Christmas Day to panoramic ocean views in paradise. Delight in a leisurely brunch featuring traditional festive favorites, including succulent turkey, homemade pastries and indulgent yule log desserts. Before or after your meal, enjoy the vibrant atmosphere of a Christmas market filled with handmade artisan pieces and Tamarindo specialties. Keep an eye out for a special surprise visit from Santa, who'll be arriving in style to greet all our guests and help to spread holiday cheer.

\$1,150 MXN

### SANTA'S ARRIVAL

DEC 25<sup>th</sup> – 10:00 AM | Sal's Beach Bar

No holiday trip is complete without a special visit from Santa Claus himself! Join us as Santa makes the journey all the way from the North Pole to catch a wave with us. It's a magical moment you won't want to miss!









### CHRISTMAS DAY DINNER

DEC 25<sup>th</sup> - 6:00 PM - 10:00 PM | Sal & Coyul

Experience the magic of Christmas Day with a memorable family dinner set against the tranquil backdrop of panoramic ocean views. Choose between two unforgettable five-course culinary experiences at either of our restaurants, Sal or Coyul. Make your holiday celebration truly special with a meal that incorporates local ingredients and traditional regional flavors.

\$2,800 MXN - pairing included.

### **MEXICAN STEAKHOUSE**

DEC 26th - 6:00 PM - 10:00 PM | Melaque Lawn

Savor the ultimate Mexican grill night experience during your trip to Mexico. With live music setting the ambiance, our grill showcases a tempting array of meats, including prime beef, pork, chicken, and seafood options. Complemented by traditional Mexican salsas, each dish bursts with authentic flavor. Plus, our open bar offers an impressive selection of craft cocktails, ensuring your evening is as unforgettable as it is delicious.

\$1,750 MXN + open bar

### TRATTORIA ITALIANA DINNER

DEC 27th & 28th - 6:00 PM - 10:00 PM | Melaque Lawn

Transport yourself to Italy at Melaque Lawn! This tranquil setting will transform into an authentic Italian-style trattoria, where guests can indulge in a feast of family-style entrees and a prix fixe menu featuring a delectable selection of pizzas, pastas, risottos, and Fiorentina steak. With an open bar serving up Italian-inspired cocktails and wines, it's an experience you won't want to miss.

\$1,550 MXN + open bar











### **NEW YEAR'S EUE PARTY**

Welcome Cocktail | 7:00 PM – 8:00 PM Dinner | 8:00 PM - 1:00 AM Tamarindo Lawn

Under a starlit sky with the waves crashing not too far away, step into a night of enchantment for an unforgettable New Year's Eve celebration. Kick off 2025 in style with dinner, dancing, live music, and an evening to remember.

#### INCLUDED IN THE FESTIVITIES:

- · Welcome Cocktail
- · Buffet stations brimming with delectable delights
- · Wine Pairings with Dinner
- Midnight Champagne Toast

And don't worry about the little ones, we've got a special evening planned for them too! As an extension of Caramelo, children are invited to take part in their own New Year's Eve celebration. Included in the price above, our youngest guests will be treated to a night of fun with food, games, and engaging activities suitable for all ages taking place at Tamarindo Lawn.

Let us ensure your youngest family members create new year's eve memories to last a lifetime!

\$9,600 MXN per person

### TAMARINDO NEW YEAR, NEW YOU 5K CHALLENGE

DEC 31st - Starting at 7:30 AM | Lobby to Rancho Lola

Kick off your New Year's Eve with the San Silvestre Fun Run! Lace up your running shoes and join the Tamarindo team at the lobby for a spirited 5k race, culminating in a celebratory finish at Rancho Lola. After crossing the finish line, refuel with snacks and hydrating drinks while enjoying the scenic surroundings.

But it's not just about the run – it's also about giving back. Join us in supporting the Tamarindo International School "TAMIS" through this charitable experience. Your participation includes a race t-shirt and medal as souvenirs of your accomplishment, along with snacks and hydration to keep you going strong throughout the race. Make a difference in the lives of children in this area of Mexico this holiday season, ensuring your same love of travel and adventure can be instilled in generations of kids in this region to come!

Suggested Donation starting at \$1,000 MXN per person

### **NEW YEAR'S DAY BRUNCH**

JAN 1<sup>st</sup> – 7:00 AM - 2:00 PM | Coyul

After a lively evening of welcoming the New Year, take a moment to unwind and enjoy time with your loved ones. Indulge in a leisurely meal at Coyul, where you'll be treated to a delightful spread featuring freshly baked bread and pastries, homemade jams, delicate egg dishes, and the freshest seafood recently caught. Raise a glass to the new beginnings with a meal designed to be savored and enjoyed in the company of those who matter most.

\$1,150 MXN

### **FAMILY SCAUANGER HUNT**

JAN 1st – 11:00 AM | Starting at Caramelo

Gather your family for an exciting start to the new year with a scavenger hunt designed for all ages! Explore the hidden gems and fun-filled spots around the Tamarindo Reserve and La Mansion as you embark on a thrilling adventure together. Take part in this fantastic activity, meant to create unforgettable memories amidst beautiful surroundings.









# FAMILY FRIENDLY EXPERIENCES

### CARAMELO

HOURS | 9:00 AM - 9:00 PM

Caramelo, our Kids for All Seasons program, is excited to welcome children ages 5-11 for a series of unique holiday experiences and special activities every day throughout the festive season. Our engaging programs will include Piñata Parties, Sleepovers, Themed Parties, Movie Nights, and a traditional Mexican Kermesse featuring classic games and street snacks. Your children deserve to have adventures of their own this holiday season and Caramelo is sure to deliver!

### **ESCONDITE**

HOURS | 11:00 AM - 11:00 PM

Equipped with the latest technology and offering the freedom of our vast reserve as their own adventure-filled playground, Escondite is a hideaway for our teen guests ages 13 and up. With special holiday activities, our teenage guests are invited to find their own refuge and identity in a space created for connection, where nature and new friendships set the stage for unforgettable memories.

### **BABYSITTING SERVICE**

We understand the importance of reconnecting with your partner during vacation! That's why Tamarindo provides certified babysitters who are trained at caring for your little ones while you indulge in some well-deserved relaxation. Whether you're unwinding at the spa, enjoying a private dinner for two, or simply seeking quiet time by the pool, rest assured that your children are in the best hands.

\$850 MXN per hour (minimum 2 hours)

### **SMALL WONDERS NIGHT EXPLORATION**

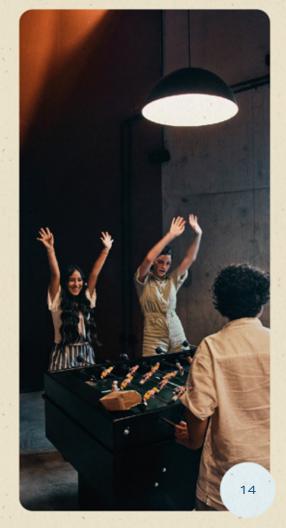
Available daily - after sunset | In the Reserve

Join our resident biologist and bug expert for a night-time exploration within the reserve at Tamarindo. Discover the fascinating creatures that emerge after dark in the reserve, see them in their natural habitat and get to observe them up close.

\$1,200 MXN (up to 4 guests)







### **VIAJE POR MÉXICO - TACO TASTING**

Available daily | Nacho

Embark on a taco tasting journey across Mexico's vibrant culinary landscape. From the Baja Peninsula's freshest seafood to Oaxaca's rich and complex moles, our expert team will guide you through a delectable array of four to seven taco courses. Each taco will be paired with a regional beverage, allowing you to savor the diverse flavors and ingredients that Mexico has to offer.

\$1,850 MXN

### MOVIE UNDER THE STARS

Tuesday, Thursday & Saturday – 7:00 PM | Plaza Chamela

Take part in the ultimate outdoor cinema experience with the starlit sky as your backdrop for a truly unforgettable movie night. Sink into comfortable lounge chairs and savor freshly made popcorn while the soothing sounds of crashing waves provide the perfect subtle soundtrack to your evening. Gather with family and friends to enjoy a movie under the stars, creating memories that will last a lifetime.

Pricing on consumption

\*Private Experiences available \$1,250 MXN per room

### THE ART OF GUACAMOLE

Every Wednesday & Saturday - 12:30 PM | Nacho

Take part in this fun get-together where you can meet new friends, enjoy creations from our team of mixologists, and learn the art of making delicious guacamole! Get hands-on as you craft your own using a molcajete and a variety of regional ingredients. From classics to surprises, it's a family-friendly activity that promises to be both tasty and entertaining!

### MACROPHOTOGRAPHY WORKSHOP

Available daily with prior booking | Meeting Room

Unleash your creativity and learn the art of capturing stunning shots alongside renowned National Geographic photographer Mauricio Ramos. Join us for this one-of-a-kind master class where you will have the opportunity to elevate your photography skills and be inspired by the beauty of nature found within the reserve.

\$1,200 MXN per room

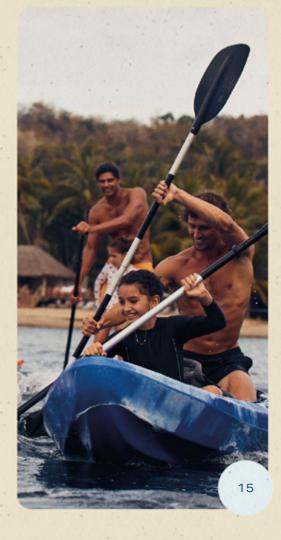
### **WATERSPORTS AT TAMARINDO BEACH**

Watersports Center | 9:00 AM - 5:30 PM

Enjoy a range of complimentary water activities such as kayaking, paddleboarding and schiller water bikes. Plus, kickstart your private fishing tour from this scenic spot. With its array of options, Tamarindo Beach promises to be the highlight of your holiday.







## ADULT ONLY\*

## THE ROAD TO TIERRA ADENTRO - WINE TASTING

Every Tuesday & Friday – 5:30 PM | Coyul Private Room

Take a trip through Mexican history and learn about its oldest wine-producing regions, with more than 200 years of winemaking tradition. From Guanajuato and San Luis Potosí to Chihuahua and Coahuila, our sommelier will carefully make selections and share details about what makes each wine unique as you savor each glass.

\$2,400 MXN per person

### **BLIND TEQUILA TASTING**

Every Thursday & Sunday – 5:30 PM | Coyul Bar

Led by our talented team of mixologists and inspired by the Judgement of Paris, a legendary blind tasting that took place in 1976, discover the different styles of elaboration and aging that cause a variety of aromatic and tasting expressions of Tequila in this unique experience.

\$2,800 MXN per person

### **COFFEE EXTRACTION WORKSHOP**

Every Tuesday, Thursday & Saturday – 2:30 PM Coyul Bar

Embark on a journey across Mexico's coffee-producing regions and explore Tamarindo's diverse coffee offerings, each boasting its own unique flavors and aromas. Delight your senses with the rich tastes and enticing aromas of freshly brewed coffee, a true testament to the craftsmanship and dedication of local growers in Mexico. Don't forget to take some home with you too.







# R E S T A U R A N T S A N D D I N I N G





## PRIVATE DINING

Plan a private holiday dining event, tailored to your culinary preferences, in the very definition of a hideaway with an incomparable sense of privacy and panoramic ocean views. From an elaborate brunch on the beach to an evening under the stars and countless locations to pleasantly delight, let our talented culinary and event planning teams ensure that your private dining experience will be memorable.

\*Please book 24hrs in advance.

### **FAMILY DINING**

Perfect for families, Four Seasons Resort
Tamarindo has numerous locations for large
groups to privately dine whether you want your
feet in the sand, ocean views from atop a cliff or
even brunch on your personal terrace. Curated to
your own dining preferences and set up to impress,
we have the perfect set up to create memories
with your loved ones this holiday season.

### **COUPLES DINING**

Experience intimate private dining tailored just for you. The locations are endless, offering the very best of beach, nature, cliff and ocean depending on your ideal backdrop. Choose from our set menus or curate your own perfect meal crafted perfectly for two, ensuring a romantic culinary journey amidst unparalleled privacy.



### COYUL

In partnership with Chef Elena Reygadas, World's Best Female Chef of 2023, Coyul emphasizes the importance of seasonality, sustainability and a touch of balance. Start your day here for a delicious breakfast, enjoy cocktails, light snacks, and unmatched sunset views at Coyul's Bar, or come for dinner and expect an exceptional dining experience from one of the most renowned chefs in Mexico.

Breakfast 7:00 AM - 1:00 PM Dinner | 6:00 PM - 11:00 PM Bar | 1:00 PM - 12:00 AM

### SAL

Steps away from the Pacific Ocean and perched above Majahua Beach, Sal celebrates the barefoot luxury lifestyle with the day's fresh catches. Those in the know will book a table at golden hour for the best sunset views in Tamarindo.

Lunch | 12:00 PM - 5:45 PM Dinner | 6:00 PM - 11:00 PM

### NACHO

Inspired by memory and shaped by origin, Nacho offers a laid-back taqueria experience steps from one of the Resort's beautiful pools. Open for lunch and afternoon snacks, Nacho pays tribute to the flavors and traditions of some of Mexico's most gastronomically diverse regions with a fun flair.

All day tacos | 11:00 AM - 9:00 PM

### IN-VILLA DINING

Designed to make your stay effortless, our In-Room Dining experience offers elevated cuisine from the privacy of your own guest room or suite.

24 Hours

### PLAYA MAJAHUA

Steps away from La Mansion and our three pools, Majahua Beach is the perfect spot to relax either in a hammock or beach chair but always accompanied by a fresh coconut.

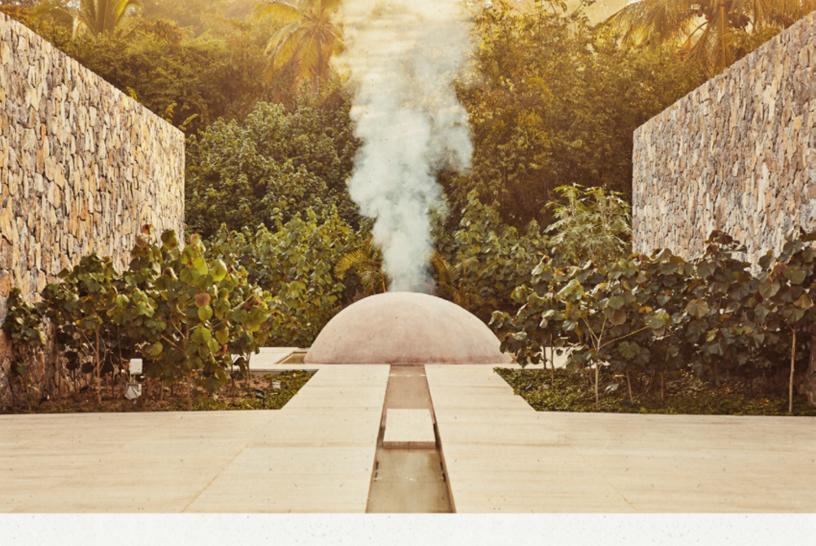
Lunch | 11:00 AM - 6:00 PM

### PLAYA TAMARINDO

As our watersport's epicenter, Tamarindo Beach is fully equipped with everything you need for a day of aquatic adventures, whether it's kayaking, water biking, snorkeling, or even beach volleyball and shore fishing.

\*Lunch options include à la carte selections, freshly grilled favorites, a variety of kebabs cooked on-site, and the Tamarindo Beach lunch menu operated by our In Villa dining service.

Lunch | 12:00 AM - 5:00 PM



### SPA HOURS | 8:00 AM - 8:00 PM

#### A SPACE FOR RENEWAL

The spirit of alchemy is the guiding force behind each massage and treatment at The Spa at Four Seasons Resort Tamarindo. The wisdom of the surrounding sea and the jungle infuses our eight treatment cabins (two of them for couples), tranquil relaxation areas, and spacious dressing rooms, featuring indoor and outdoor showers that blend in seamlessly with the lush greenery.

Throughout your spa experience, the scent of copal will provide a sense of connection to your spirit and to everything around you. With its unique scent and white smoke, copal purifies the atmosphere, and is present in several of our treatments and signature products available at our spa boutique.

## TRADITIONAL TEMAZCAL CEREMONY

Every Sunday - 10:00 AM | SPA

For centuries, pre-Hispanic cultures in Mexico have used the temazcal, or "house of heat," as a ritual bath for spiritual cleansing. As we usher in a new year, transformation becomes inevitable and we invite you to try a cleansing temazcal ceremony, led by a Shaman, that will release old energy and make space for what is ahead. We invite all guests to embark on this unique and traditional cultural experience of self-connection in our authentic Temazcal.

\$4,500 MXN per person Private ceremony starting at 7,500 MXN

\*Additional Private ceremonies available



## SPA TREATMENTS

Experience pure relaxation and rejuvenation this holiday season. Whether you're seeking individual pampering, a romantic escape for couples, a family bonding experience, or a group retreat, our personalized treatments cater to any individual. Unwind in our serene sanctuary and prioritize personal well-being.

### **MASSAGES**

Explore our premium massages, meticulously designed to dissolve stress, and rejuvenate your body, leaving you feeling relaxed and revitalized under the care of our expert therapists.

### **BODY TREATMENTS**

Indulge in a relaxing body treatment, ranging from detoxifying wraps to invigorating scrubs. Allow our expert therapists to pamper you with the finest natural ingredients, leaving your skin glowing and your spirit refreshed.

### **FACIALS**

Experience our transformative facials, designed to rejuvenate, and refresh your complexion. Let our expert esthetician's leave your skin radiant and glowing.

### **BEAUTY SALON**

Experience exceptional nail, hair, and makeup care at our beauty salon. Our skilled professionals are dedicated to helping you look and feel your absolute best, whatever the occasion.

**BOOK AN APPOINTMENT** 



## WELLNESS AT TAMARINDO

This holiday season, allow Four Seasons Resort Tamarindo to inspire a sense of wellness during your stay. Whether it's beachside training sessions, yoga by the pool, runs across the reserve, or indulgent massage treatments at our spa, we invite guests to prioritize what makes them feel best during their stay.

### 24-HOUR FITNESS CENTER

Attendant Hours | 7:00 AM - 7:30 PM

Experience world-class fitness facilities designed by celebrity trainer Harley Pasternak, conveniently located in La Mansion. Continue your fitness routine during your stay in paradise with state-of-the-art equipment, including Pilates reformers and Peloton bikes. Equipped with a selection of nutritional snacks and a refreshing beverage station, our on-site gym attendants are ready to assist you with your training and encourage you to try new things, ensuring that your fitness journey is both enjoyable and rewarding.

### FITNESS CLASSES

Whether you prefer a private session or joining our pre-scheduled complimentary classes, guests can enjoy classes at our Fitness Center and around the reserve grounds throughout the week.

Yoga | Reformer Pilates | HIT | TRX | Mat Pilates | Meditation

\*Private classes at \$2,350 per hour per person

### **MAT PILATES**

Every Saturday - 8:00 AM | Spa

Begin your morning in the tranquil setting of our Spa with a mat Pilates session, designed to strengthen and lengthen your muscles, focusing on your core while also toning your arms and legs.

### YOGA SOUND HEALING

Every Friday – 7:30 AM | Tamarindo Lawn

Experience pure tranquility with a yoga session enhanced by live sound healing at Tamarindo Lawn. With the ocean as your backdrop, this 1.5-hour class is crafted to revitalize your mind, body, and spirit. Immerse yourself in the soothing rhythms of the waves and the warmth of the sun, awakening your senses.

\$2,350 MXN

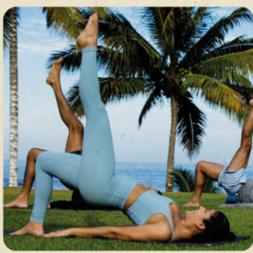
### **BEACH & BEATS BOOTCAMP**

Every Monday - 7:30 AM | Tamarindo Lawn

Join us for an invigorating outdoor boot camp at Tamarindo Lawn—and come prepared for an hour of full-body work and high-intensity set amidst the stunning natural beauty of Tamarindo. Led by our expert trainers, this dynamic session will push your limits, leaving you feeling energized and empowered. Get ready to sweat, challenge yourself, and unleash your inner strength.

\$2,350 MXN









# GOLF CLUB HOUSE HOURS | 7:30 AM - 6:00 PM TEE TIMES: Every 20 minutes starting at 7:40 AM

Nestled between the lush jungle of the reserve and the rocky Pacific Ocean coastline, designed by celebrated golf architect David Fleming, El Tamarindo offers 18 holes experience where each hole on this 6,682-yard, par-72 course offers its own unique challenges. Nine holes feature ocean views of extraordinary beauty drawing serious golf enthusiasts from around the globe with meticulous management of daily tee-offs, you'll relish stunning ocean views and the sensation of having the entire course to yourself.

18 Holes | \$4,600 MXN 9 Holes | \$2,600 MXN Private Lessons | \$2,000 MXN Club Rentals | \$1,200 MXN Ride Along Fee | \$1,200 MXN

\*Please ask our Guest Experience Team for additional information.

### ACTIVITY CALENDAR

	MON 16	TUE 17	WED 18	THU 19	FRI 20	SAT 21	SUN 22
7:30 AM	Bootcamp Beach & Beats * @Tamarindo Lawn				Yoga Sound Healing * @Tamarindo Lawn		
8:00 AM	Nature Hike	· Nature Hike · Morning Mobility @GYM	Nature Hike	· Nature Hike · Body Art @GYM	Nature Hike	· Nature Hike · Mat Pilates @Spa	Nature Hike
		Birdwaching	Ethnobotany Walk	Birdwaching	· Ethnobo- tany Walk	Birdwaching	
9:00 AM					· Rancho Lola S Breakfast (Until 12:00 PM)		
):00 AM	SUP Clinic @Tamarindo Beach	Kayak Tour @Tamarindo Beach	Discovery Center Tour	SUP Clinic @Tamarindo Beach		· Discovery Center Tour	· Shore Fishing @Tamarindo Beach
.007111						· Plant a Tree ¹ @Rancho Lola	· Temazcal Ceremony @Spa *
	· TRX Training @GYM	· TRX Training @GYM	· TRX Training @GYM	· TRX Training @GYM	· TRX Training @GYM	· TRX Training @GYM · Cooking Class	· TRX Training @GYM
1:00 AM	· Tamarindo Reserve Tour @Lobby	· Festive Ceramics @Caramelo	· Caramelo Cooking Class @Caramelo	· Cooking Class @Melaque Lawn	· Shore Fishing @Tamarindo Beach	· Cooking Class @Melaque Lawn · Kayak Tour @Tamarindo Beach	· Beach Volleyball @Tamarindo Beach
	Art of Guacamole @Sal	· Beach Volleyball @Tamarindo	Art of Guacamole @Sal	· Tamarindo Reserve Tour	Tamarindo Reserve Tour	Art of Guacamole	· Discovery Center Tour
2:30 PM	g es:	Beach Rancho Lola Cooking Class	gos.	· Caramelo Rancho Lola		@Sal	· Rancho Lola Cooking Class
2:30 PM	Cooking Class @Melaque Lawn	· Coffee Extraction Workshop @Coyul	Snorkel Tour @Tamarindo Beach	· Coffee Extraction Workshop @Coyul	Snorkel Tour @Tamarindo Beach	Coffee Extraction Workshop @Coyul	Tamarindo Reserve Tour
2.001111		· Mocktails for Teens @Escondite		· Mocktails for Teens @Escondite			
3:30 PM	Functional Training @GYM	Functional Training @GYM	Functional Training @GYM	Functional Training @GYM	Functional Training @GYM	Functional Training @GYM	Functional Training @GYM
4.00 DM	Rancho Lola & Xochitlan Tour		· Fermented Drinks Workshop @Coyul		· Fermented Drinks Workshop @Coyul		Fermented Drinks Workshop @Coyul
4:30 PM			· Rancho Lola & Xochitlan Tour		· Rancho Lola & Xochitlan Tour		g or, a
	Foosball Tournament @Escondite	House Wine Tasting @Sal	· Billard Tournament @Escondite	· House Wine Tasting @Sal	· Foosball Tournament @Escondite	Billard Tournament @Escondite	· Foosball Tournament @Escondite
5:30 PM			The Road to Tierra Adentro * @Coyul	· Tequila Blind Tasting * @Coyul	· Piñata Party @Caramelo · The Road to Tierra Adentro * @Coyul		· Tequila Blind Tasting * @Coyul
6:00 PM	Picnic under the Stars @Caramelo		Festive Bonfire @Majahua Beach (Until 10:00 PM)	Mexican Regional 5 A Dinner @Melaque Lawn (Until 10:00 PM)		Kermesse Mexicana @Caramelo	Caramelo Party (Until 8:00 PM)
7:00 PM		Movie Night @Plaza Chamela		Movie Night @Plaza Chamela	Movie Night Dinner @Melaque	Movie Night @Plaza Chamela	

## ACTIVITY CALENDAR

	MON 23	TUE 24	WED 25	THU 26	FRI 27	SAT 28	SUN 29
7:30 AM	Bootcamp Beach & Beats * @Tamarindo Lawn		Christmas Day Brunch & Market @Coyul (Until 1:00 PM)		Yoga Sound Healing * @Tamarindo Lawn		
8:00 AM	Nature Hike	· Nature Hike · Morning Mobility @GYM	Nature Hike	· Nature Hike · Morning Mobility @GYM · Paratrike @Casa Club	· Nature Hike · Paratrike @Casa Club (Until 10:30 AM)	· Nature Hike · Mat Pilates @Spa · Paratrike @Casa Club	Nature Hike
9:00 AM		Birdwaching	Ethnobotany Walk	· Birdwaching · Rancho Lola Sereakfast (Until 12:00 PM)	Ethnobotany Walk	Birdwaching	
10:00 AM	SUP Clinic @Tamarindo Beach	Kayak Tour @Tamarindo Beach	Discovery Center Tour Santa's Arrival @Sal's Beach Bar	SUP Clinic @Tamarindo Beach	TRX Training @GYM	Tamarindo International School: Plant a Tree & Give Back @Rancho Lola	· Shore Fishing @Tamarindo Beach · Temazcal Ceremony *
11:00 AM	· TRX Training @GYM · Tamarindo Reserve Tour @Lobby	· TRX Training @GYM · Festive Ceramics @Caramelo	TRX Training @GYM	· TRX Training @GYM · Cooking Class @Melaque Lawn	· TRX Training @GYM · Shore Fishing @Tamarindo Beach	· TRX Training @GYM · Cooking Class @Melaque Lawn · Kayak Tour @Tamarindo Beach	· TRX Training @GYM · Beach Volleyball @Tamarindo Beach
12:30 PM	Art of Guacamole @Sal	· Beach Volleyball @Tamarindo Beach · Rancho Lola Cooking Class	Art of Guacamole @Sal	· Tamarindo Reserve Tour · Caramelo Rancho Lola	Tamarindo Reserve Tour	Art of Guacamole @Sal	· Discovery Center Tour · Rancho Lola Cooking Class
2:30 PM	Cooking Class @Melaque Lawn	· Coffee Extraction Workshop @Coyul · Mocktails for Teens @Escondite	Snorkel Tour @Tamarindo Beach	· Coffee Extraction Workshop @Coyul · Mocktails for Teens @Escondite	Snorkel Tour @Tamarindo Beach	Coffee Extraction Workshop @Coyul	Tamarindo Reserve Tour
3:30 PM	Functional Training @GYM	Functional Training @GYM	Functional Training @GYM	Functional Training @GYM	Functional Training @GYM	Functional Training @GYM	Functional Training @GYM
4:30 PM	Rancho Lola & Xochitlan Tour		· Fermented Drinks Workshop @Coyul · Rancho Lola & Xochitlan Tour		· Fermented Drinks Workshop @Coyul · Rancho Lola & Xocohitlan Tour		Fermented Drinks Workshop @Coyul
	Foosball Tournament @Escondite	House Wine Tasting @Sal	· Billard Tournament @Escondite	· House Wine Tasting <sub>@Sal</sub>	· Foosball Tournament @Escondite	Billard Tournament @Escondite	· Foosball Tournament @Escondite
5:30 PM			· The Road to Tierra Adentro * @Coyul	· Tequila Blind Tasting * @Coyul	· Piñata Party @Caramelo · The Road to Tierra Adentro * @Coyul		· Tequila Blind Tasting * § @Coyul
6:00 PM	Picnic under the Stars @Caramelo	Christmas Eve Dinner @Coyul & Sal (Until 10:00 PM)	· Festive Bonfire @Majahua Beach · Christmas Day Dinner @Coyul & Sal	Mexican Steakhouse @Melaque Lawn (Until 10:00 PM)	Trattoria Italiana @Melaque Lawn (Until 10:00 PM)	· Kermesse Mexicana @Caramelo · Trattoria Italiana @Melaque Lawn (Until 10:00 PM)	· Caramelo Party · Mexican Regional Dinner @Melaque Lawn
7:00 PM	Movie Night Dinner @Melaque	Movie Night @Plaza Chamela		Movie Night @Plaza Chamela	<b>\$</b>	Movie Night @Plaza Chamela	(Until 10:00 PM)

### ACTIVITY CALENDAR

	MON 30	TUE 31	WED 01	THU 02	FRI 03	SAT 04	SUN 05
7:30 AM	Bootcamp Beach & Beats * @Tamarindo Lawn	Tamarindo New Year, New You 5K Challenge * @Lobby to Rancho	New Year's Day Brunch @Coyul (Until 2:00 PM)		Yoga Sound Healing * @Tamarindo Lawn		
8:00 AM	Nature Hike		Nature Hike	· Nature Hike · Morning Mobility @GYM	Nature Hike	· Nature Hike · Mat Pilates @Spa	Nature Hike
9:00 AM	Rancho Lola S Breakfast		Ethnobotany Walk	Birdwaching	Ethnobotany Walk	Birdwaching	
10:00 AM	SUP Clinic @Tamarindo Beach		Discovery Center Tour	SUP Clinic @Tamarindo Beach		· Discovery Center Tour · Plant a Tree <sup>1</sup> @Rancho Lola	· Shore Fishing @Tamarindo Beach · Temazcal Ceremony @Spa*
11:00 AM	· TRX Training @GYM · Tamarindo Reserve Tour @Lobby	· TRX Training @GYM · Festive Ceramics @Caramelo	TRX Training @GYM  New Year Scavanger Hunt @Caramelo	· TRX Training @GYM · Cooking Class @Melaque Lawn	TRX Training @GYM Shore Fishing @Tamarindo Beach	TRX Training @GYM Cooking Class @Melaque Lawn Kayak Tour @Tamarindo Beach	• TRX Training @GYM • Beach Volleyball @Tamarindo Beach
	Art of Guacamole @Sal	· Beach Volleyball @Tamarindo	Art of Guacamole @Sal	· Tamarindo Reserve Tour	Tamarindo Reserve Tour	Art of Guacamole @Sal	· Discovery Center Tour
12:30 PM	***	Beach Rancho Lola Cooking Class		· Caramelo Rancho Lola			· Rancho Lola Cooking Class
2:30 PM	Cooking Class @Melaque Lawn	· Coffee Extraction Workshop @Coyul · Mocktails for Teens @Escondite	Snorkel Tour @Tamarindo Beach	· Coffee Extraction Workshop @Coyul · Mocktails for Teens @Escondite	Snorkel Tour @Tamarindo Beach	Coffee Extraction Workshop @Coyul	Tamarindo Reserve Tour
3:30 PM	Functional Training @GYM	Functional Training @GYM	Functional Training @GYM	Functional Training @GYM	Functional Training @GYM	Functional Training @GYM	Functional Training @GYM
	Rancho Lola & Xochitlan Tour		· Fermented Drinks Workshop @Coyul		· Fermented Drinks Workshop @Coyul		Fermented Drinks Workshop @Coyul
4:30 PM	<b>A</b>		· Rancho Lola & Xochitlan Tour		· Rancho Lola & Xochitlan Tour		@Coyui
5:30 PM	Foosball Tournament @Escondite		· Billard Tournament @Escondite · The Road to Tierra Adentro * @Coyul	· House Wine Tasting @Sal · Tequila Blind Tasting * @Coyul	Foosball Tournament @Escondite Piñata Party @Caramelo The Road to Tierra Adentro *	Billard Tournament @Escondite	· Foosball Tournament @Escondite · Tequila Blind Tasting * @Coyul
6:00 PM	Picnic under the Stars @Caramelo		Festive Bonfire @Majahua Beach			Kermesse Mexicana @Caramelo	Caramelo Party (Until 8:00 PM)
7:00 PM	· Mexican Dinner @Melaque Lawn (Until 10:00 PM)	New Year's	(Until 10:00 PM)	Movie Night @Plaza Chamela		Movie Night @Plaza Chamela	
8:00 PM	*	@Tamarindo Lawn (Until 1:00 AM)		*			

## **FESTIVE IN CARAMELO**



	<b>MON</b> 16	TUE 17	<b>WED</b> 18	<b>THU</b> 19	FRI 20	<b>SAT</b> 21	SUN 22
9:00 AM							
0.00 AIVI	REGISTER AND WELCOME ACTIVITY	REGISTER AND WELCOME ACTIVITY	REGISTER AND WELCOME ACTIVITY				
IO:00 AM	CREATE YOUR OWN KEYCHAIN	HANDMADE BRACELETS	KIDS YOGA	ZUMBA KIDS	PAINT FLOWER	CREATE YOUR OWN SNOWGLOBE	SEARCH OF SHELL
11:00 AM						MAKE YOUR	
	LITTLE WORM	CHRISTMAS CERAMICS	COOKING CLASS	BOUQUET OF FLOWERS	NATURAL LOTTERY	OWN SWORD AND PIRATE HAT	JEWERLY OF SHELL
12:00 PM							
	PALM TOUR	*	*	RANCHO LOLA	TAMARINDO SEARCH	TREASURE HUNT	CREATE YOUR OWN AQUARIUM
1:00 PM							
	LUNCH TIME	LUNCH TIME	LUNCH TIME	4	LUNCH TIME	LUNCH TIME	LUNCH TIME
2:00 PM							
	CREATE YOUR OWN PALM FAN	OWN REINDEER VISOR	THREADING MY HEART	HANDMADE KEYCHAINS	BIRDS MAMORY	CREATE YOUR OWN NUTCRACKER	OCTOPUS SHELL
3:00 PM							
	BEAD ANIMALS	TREES Y BUSHES	ROCK ART	PAINT YOUR CUIJE	CREATE YOUR OWN TAMARINDO BOOT	MUSICAL CHAIRS	FISH FELT
4:00 PM							
	FIGURES WITH CLAY	LEAF TOUR	STARS MOBILE	FLOWER TOUR	MAKE YOUR IGUANA KEYCHAIN	MAKE YOUR STAR KEYCHAIN	THE COATI IS HUNGRY
5:00 PM	DUT THE						
	PUT THE FEATHERS ON THE OWL	HERBALIST	TAMARINDO BOWLING	BOOK MARKER	PIÑATA PARTY	EYE OF GOD	MAKE YOUR FRAME
6:00 PM							
	PICNIC UNDER THE STARS	MOVIL OF LEAF	CARAMELO GOT TALENT	NATURE MASK	TAMARINDO BIRDS	TAMARINDO MOVIL	PIJAMADA
7:00 PM							
		STARS WITH SEEDS	HANDMADE BRACELLETS	FLOWERS MEMORY	IGUANA BRACELET	KERMESSE	
8:00 PM							
	4	BETWEEN FRIENDS	BORD GAMES	STORY TELLER	MOVIE NIGHT	*	*
9:00 PM							

## **FESTIVE IN CARAMELO**

DECEMBER 2024



	MON 23	<b>TUE</b> 24	WED 25	THU 26	FRI 27	SAT 28	SUN 29
9:00 AM							
	REGISTER AND WELCOME ACTIVITY	REGISTER AND WELCOME ACTIVITY					
10:00 AM	CREATE YOUR OWN KEYCHAIN	HANDMADE BRACELETS	SANTA'S ARRIVAL	ZUMBA KIDS	PAINT FLOWER	CREATE YOUR OWN SNOWGLOBE	SEARCH OF SHELL
11:00 AM							
	LITTLE WORM	CHRISTMAS CERAMICS	- 4	BOUQUET OF FLOWERS	NATURAL LOTTERY	MAKE YOUR OWN SWORD AND PIRATE HAT	JEWERLY OF SHELL
12:00 PM							
	PALM TOUR	*	COOKING CLASS	RANCHO LOLA	TAMARINDO SEARCH	TREASURE HUNT	CREATE YOUR OWN AQUARIUM
1:00 PM							
	LUNCH TIME	LUNCH TIME		*	LUNCH TIME	LUNCH TIME	LUNCH TIME
2:00 PM							
	CREATE YOUR OWN PALM FAN	OWN REINDEER VISOR	THREADING MY HEART	HANDMADE KEYCHAINS	BIRDS MAMORY	CREATE YOUR OWN NUTCRACKER	OCTOPUS SHELL
3:00 PM							
	BEADS ANIMALS	SEA AND EARTH	ROCK ART	PAINT YOUR CUIJE	CREATE YOUR OWN TAMARINDO BOOT	MUSICAL CHAIRS	FISH FELT
4:00 PM							
	FIGURES WITH CLAY	LEAF TOUR	STARS MOBILE	FLOWER TOUR	MAKE YOUR IGUANA KEYCHAIN	MAKE YOUR STAR KEYCHAIN	THE COATI IS HUNGRY
5:00 PM	DUT THE						
	PUT THE FEATHERS ON THE OWL	HERBALIST	TAMARINDO BOWLING	BOOK MARKER	PIÑATA PARTY	EYE OF GOD	MAKE YOUR FRAME
6:00 PM							
	PICNIC UNDER THE STARS	MOVIL OF LEAF	CARAMELO GOT TALENT	NATURE MASK	TAMARINDO BIRDS	TAMARINDO MOVIL	PIJAMADA
7:00 PM							
		STARS WITH SEEDS	HANDMADE BRACELLETS	FLOWERS MEMORY	IGUANA BRACELET	KERMESSE	
8:00 PM							
	*	BETWEEN FRIENDS	BORD GAMES	STORY TELLER	MOVIE NIGHT	*	*
9:00 PM							

## **FESTIVE IN CARAMELO**

DECEMBER 2024 - JANUARY 2025



	MON 30	<b>TUE</b> 31	<b>WED</b> 01	THU 02	FRI 03	<b>SAT</b> 04	SUN 05
9:00 AM							
0.00 AW	REGISTER AND WELCOME ACTIVITY	REGISTER AND WELCOME ACTIVITY	REGISTER AND WELCOME ACTIVITY				
10:00 AM	CREATE YOUR OWN KEYCHAIN	HANDMADE BRACELETS	KIDS YOGA	ZUMBA KIDS	PAINT FLOWER	CREATE YOUR OWN SNOWGLOBE	SEARCH OF SHELL
11:00 AM	LITTLE WORM	CHRISTMAS CERAMICS	SCAVENGER HUNT	BOUQUET OF FLOWERS	NATURAL LOTTERY	MAKE YOUR OWN SWORD AND PIRATE HAT	JEWERLY OF SHELL
12:00 PM							
	PALM TOUR	*	*	RANCHO LOLA	TAMARINDO SEARCH	TREASURE HUNT	CREATE YOUR OWN AQUARIUM
1:00 PM							
	LUNCH TIME	LUNCH TIME	LUNCH TIME	*	LUNCH TIME	LUNCH TIME	LUNCH TIME
2:00 PM	CREATE YOUR OWN PALM FAN	CREATE YOUR OWN REINDEER VISOR	THREADING MY HEART	HANDMADE KEYCHAINS	BIRDS MAMORY	CREATE YOUR OWN NUTCRACKER	OCTOPUS SHELL
3:00 PM							
	BEADS ANIMALS	TREES Y BUSHES	ROCK ART	PAINT YOUR CUIJE	CREATE YOUR OWN TAMARINDO BOOT	MUSICAL CHAIRS	FISH FELT
4:00 PM							
	FIGURES WITH CLAY	LEAF TOUR	STARS MOBILE	FLOWER TOUR	MAKE YOUR IGUANA KEYCHAIN	MAKE YOUR STAR KEYCHAIN	THE COATI IS HUNGRY
5:00 PM	DUT THE						
	PUT THE FEATHERS ON THE OWL	HERBALIST	TAMARINDO BOWLING	BOOK MARKER	PIÑATA PARTY	EYE OF GOD	MAKE YOUR FRAME
6:00 PM							
7.00 PM	PICNIC UNDER THE STARS	MOVIL OF LEAF	CARAMELO GOT TALENT	NATURE MASK	TAMARINDO BIRDS	TAMARINDO MOVIL	PIJAMADA
7:00 PM		1					
		NEW YEAR'S EVENT	HANDMADE BRACELLETS	FLOWERS MEMORY	IGUANA BRACELET	KERMESSE	
8:00 PM							
	*	*	BORD GAMES	STORY TELLER	MOVIE NIGHT	*	*
9:00 PM							



### **AEROTAMARINDO**

Elevate your luxury escape to this undiscovered part of Mexico's Pacific Coast with flights from Puerto Vallarta International Airport (PVR) aboard AeroTamarindo, our daily aviation shuttle service.

Guests will soar over the stunning Costalegre region in a quick 25-minute flight, culminating in breathtaking aerial views of the Chamela-Cuixmala Biosphere Reserve. Upon arrival, a representative from Four Seasons Resort Tamarindo will greet you, and together, you'll enjoy a scenic 55-minute drive to the resort. We invite you to rediscover the art of travel with a meticulously crafted experience tailored by our team of Four Seasons Resort Tamarindo Travel Experts where your holiday journey begins in the air.

This shared aviation service will be operating weekly on Wednesday and Sunday. For any questions or to learn more, our team of Tamarindo Travel Experts is available to assist you.

### PRIVATE AVIATION

For those seeking a more private aviation experience, we offer a range of small plane and jet options to make the journey to Tamarindo even more seamless. Our team of Tamarindo Travel Experts are available to help answer any questions you may have and help to book the best travel option for you.

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