



FOUR SEASONS
RESORT
SEYCHELLES AT DESROCHES ISLAND

ISLAND ACTIVITIES

Each day on Desroches offers extraordinary experiences that reawaken the joy of exploration and discovery.



ENVIRONMENTAL ACTIVITIES

Discover an enriching sanctuary, where lush forests and pristine beaches are home to indigenous fauna and flora.



ENVIRONMENTAL ACTIVITIES

TORTOISE FEEDING AND ADOPTION

Cycle over to the Tortoise Sanctuary to learn about our island's oldest residents. After you've gotten to know these gentle giants, you may fall in love with them! You can sponsor the growth of a juvenile tortoise by adopting them for a year, helping the Island Conservation Society to continue the great work they do in conserving them.

Tortoise feeding: Complimentary

Tortoise adoption: €50 per tortoise (Bookable with Concierge)



ENVIRONMENTAL ACTIVITIES

NATIVE TREE PLANTING

Trees are the basic building blocks of our environment, providing diverse habitats for plants and animals. Unfortunately, in previous decades, the natural vegetation of Desroches was destroyed. You can help rebuild the native woodland by participating in tree planting with the Island Conservation Society.

Fee: €25 per tree

Contact Concierge to make a reservation

ENVIRONMENTAL ACTIVITIES

GUIDED TURTLE BEACH WALK

Join the Island Conservation Society to see if you can spot turtles coming to the beach to lay their eggs, a special moment that you could witness just once in your lifetime! Two species of turtles can be found nesting seasonally on the beaches of Desroches – Green turtles from January to September and Hawksbill turtles from September to March.

Fee: €50 (adults) & €25 (children)

Contact Concierge to make a reservation



SPORTS AND FITNESS

Engage in outdoor activities designed for fitness enthusiasts with a competitive edge.

A man in a dark t-shirt and shorts is running on a dirt path through a dense tropical forest. The path is flanked by lush greenery, including ferns and palm trees. Sunlight filters through the trees, creating a dappled light effect on the path. The man is in the center of the frame, running towards the viewer.

SPORTS AND FITNESS

TRAIL RUNNING

Veer off the beaten path and immerse yourself in nature on Desroches, every inch of the island is waiting to be explored. Discover your favourite trail on the 14 kilometres of forest paths that traverse the island's terrain. Running shoes and gym gear are available at the Spa.



SPORTS AND FITNESS

TENNIS

Our island's open-air, floodlit tennis court is as blue as the ocean, but made from stronger stuff! Tennis rackets and balls are available to borrow from the Fitness Centre, so you can simply grab a partner and enjoy a game or two. We have willing players on hand to join you in a match (with advance notice).

Contact Concierge to make a reservation



SPORTS AND FITNESS

PETANQUE

This classic game will keep you entertained for hours at the Castaway Centre, especially when things start to get competitive! Throw the boules and try to get them as close to the target as possible, working as a team to beat the others.

Complimentary



SPORTS AND FITNESS

THE DESROCHES CHALLENGE

Seasoned walkers will enjoy this 4-6 hour trek across 14 kilometres of uninterrupted beach framing the coast of Desroches Island, starting at the Castaway Bar. Don't forget your hat and sunscreen, and walking shoes which are available at the Spa.

A spa therapist in a white uniform is using a mallet to play a singing bowl for a client lying on a massage table. The therapist is standing and looking down at the bowl. The client is lying on their back, covered with a white sheet, with their hair in a bun. The room has a patterned wall and a large mirror in the background.

WELLNESS AND RELAXATION

Draw on the island's rejuvenating energy to find balance and a deep sense of well-being.

A serene outdoor spa area with wooden furniture, a teapot, and a person in the background. The scene is set on a wooden deck under a large, open-air structure with a wooden roof. In the foreground, there is a wooden armchair with a striped cushion and a small wooden table with a teapot and a cup. In the background, a person in a white uniform is walking. The background is filled with lush greenery and trees.

WELLNESS AND RELAXATION

THE CIRCLE OF CONNECTION SPA

Unwind in one of our five spa treatment suites, surrounded by the island's exotic flora and fauna, creating a natural sense of tranquillity to soothe both body and mind. Each of our treatments features products from Terres d'Afrique, a sustainably developed organic skincare line, designed to harness the potency of Africa's botanical heritage.

Open daily: 09h00 - 20h00



WELLNESS AND RELAXATION

FITNESS CENTRE

Opposite the open archway that is the entrance to the Castaway Centre, the Fitness Centre has direct ocean views from all cardio machines, which line the floor to ceiling glass windows, with free weights and a stretching area behind.

Advance bookings are required.



WATERSPORTS

Immerse yourself in the tranquil waters surrounding Desroches, teeming with colourful reefs and diverse marine life.

MOTORISED WATERSPORTS

SUNSET CRUISE

Hop aboard the weekly group sunset cruise, where we'll search for dolphins as the sun goes down. You can also plan your own private trip with Blue Safari for the ultimate romantic escape or memorable evening with your family.

Group cruise: €120 per guest (minimum 5 guests)
Private trip: €600 per boat

All charges are exclusive of tax and service charge.



MOTORISED WATERSPORTS

RECREATIONAL DIVING

Home to some of the best diving in the Seychelles, Desroches Island is blessed with flourishing marine life and coral outcrops. Visit the Blue Safari team at the Castaway Centre to book your diving experience and explore over 18 classified dives sites, offering an array of wall dives, tunnels, deep caves, passages and swim throughs.

All diving activities include a full set of diving equipment.
All charges are exclusive of tax and service charge.
Visit Blue Safari at the Castaway Centre to make your booking.

Per Dive	€160
Double Tank	€260
5-Dive Package	€650
+ Additional dives after 5x dives	€120
10-Dive Package	€1200
+ Additional dives after 10x dives	€110
Private Dive Boat (dives charged additionally)	€900



MOTORISED WATERSPORTS
DIVING COURSES

Whether you're a complete beginner, in need of a quick refresher, or have hundreds of logged dives under your belt, we have a PADI diving course that suits anyone ages 8 and up.

All charges are exclusive of tax and service charge.
Visit Blue Safari at the Castaway Centre to make your booking.

Bubble Maker (minimum 8 years old)	€135
Scuba Review / Refresher	€145
Discover Scuba Diving (1 day course)	€250
Scuba Diver Course	€550
Open Water Dive Course	€995
Advanced Open Water Course	€830
Rescue Diver Course	€830
Specialty Courses	
2 Dives	€350
4 Dives	€575
Blue Safari Eco Diver Course (10 dives)	€1600



MOTORISED WATERSPORTS

BLUE WATER FISHING

Chase your dream fish around Desroches atoll or further afield at one of the nearby outer islands with Blue Safari. The offshore fishing boasts species like dogtooth tuna, wahoo, yellowfin tuna, sailfish, marlin, dorado, green and rosy job fish, tropical amberjack as well as a variety of trevally, snapper, wrasse and grouper.

All charges are exclusive of tax and service charge.
Visit Blue Safari at the Castaway Centre to make your booking.

	Per Boat
Bluewater Half Day (4 hours)	€1600
Bluewater Full Day (8 hours)	€2600
Bluewater Outer Island (8 hours)	€3300



MOTORISED WATERSPORTS

FLY FISHING OUTER ISLANDS

Blue Safari creates bespoke fly fishing and blue water fly fishing experiences to destinations like Desroches, Poivre Atoll and St Joseph's Atoll. Their dedicated team of expert fishing guides and skippers along with specialist gear and equipment help you land your perfect catch.

All charges are exclusive of tax and service charge.
Visit Blue Safari at the Castaway Centre to make your booking.

Guided outer island fly fishing excursion (up to 3 anglers)	€3300
Additional guide (max 3 anglers)	€650
Introductory casting lessons on Desroches (per person)	€120
Introductory fly fishing experience around Desroches (per person)	€350



MOTORISED WATERSPORTS

SNORKELING BOAT TRIPS

Submerge yourself in the underwater beauty surrounding Desroches Island on a guided snorkeling trip, available as a group activity or on a private basis. Cruise further afield to discover some of the most remote and untouched snorkeling sites during a full or half day outer island trip to one of our nearby, remote atolls.

All charges are exclusive of tax and service charge.
Visit Blue Safari at the Castaway Centre to make your booking.

2 Hour guided snorkel boat trip around Desroches Island (per guest, minimum 2)	€60
2 Hour private snorkel boat around Desroches (per boat)	€480
Half-day (4 hours) Outer Island snorkel trip (per boat)	€1600
Full-day (8 hours) Outer Island snorkel trip (per boat)	€3300



MOTORISED WATERSPORTS LEISURE CRUISES

Whether you'd like to simply cruise around or stop along the way for a spot of snorkeling, we can assist you with a tailor made trip to make the most out of your time on the water. Exclusive private yacht charters are also available upon request.

All charges are exclusive of tax and service charge.
Visit Blue Safari at the Castaway Centre to make your booking.

Half-day leisure trip (per boat)	€1600
Full-day leisure trip (per boat)	€2900
Full-day leisure outer island (per boat)	€3300
Diving added to full day leisure trips (per guest)	€120



NON-MOTORISED WATERSPORTS
TROPICSURF

Catch the perfect wave in paradise and learn from the pros at Tropicsurf. Coaching is available for beginners, starting in the calm waters of Sunset Beach and surrounding sand-bottomed waves, through to intermediate and competent riders on the outer coral reef breaks around Desroches Island.

Visit Tropicsurf at the Castaway Centre to make your booking.



MOTORISED WATERSPORTS

OCEAN SAFARI

The remote and rich waters of the Outer Islands are a favourite amongst various species, big and small, for feeding, breeding and simply passing through on their way to their desired destination. Spot dolphins or experience the sight of Humpback whales in our very own lagoon during the months of August and September.

All charges are exclusive of tax and service charge.
Visit Blue Safari at the Castaway Centre to make your booking.

2 Hour excursion (per boat)	€1000
4 Hour excursion (per boat)	€1600



NON-MOTORISED WATERSPORTS

STAND-UP PADDLEBOARDING

Paddleboarding is the perfect way to explore the tranquil sea surrounding the island. Pick up a SUP from the Castaway Centre and take to the waters for a gentle workout, testing your core balance as you admire the beautiful views above and below the surface.

Complimentary



NON-MOTORISED WATERSPORTS
KAYAKING

Visit our Castaway Centre to rent a complimentary kayak. The Blue Safari team can assist you with fittings, then you can head directly into the nearby water to see marine life such as rays and turtles swim right below your vessel.

Complimentary

An aerial photograph of a tropical beach. The top half of the image shows a dense line of lush green palm trees. Below them is a wide, white sandy beach. In the bottom left corner, a person is swimming in the clear, turquoise water. The overall scene is bright and serene.

DESROCHES FAVOURITES

Experience some of our most treasured activities that provide a sense of place on Desroches Island.



DESROCHES FAVOURITES
STARGAZING

There are few more exotic locations than our private runway to enjoy a nightcap under a blanket of stars. As a remote island paradise, we are truly spoilt with star-studded skies and excellent visibility on clear evenings.

Private Setup Fee:
1 to 6 Guest(s): SCR1200
7 to 10 Guests: SCR2400
11 to 14 Guests: SCR3600

Contact Concierge to make a reservation

All charges are exclusive of tax and service charge.



WELCOME TO
KIDS FOR ALL
SEASONS

Little ones will feel like island explorers on our dedicated kids' programme run by specially trained staff.

This tropical haven for younger guests is located just a two-minute walk from the Welcome Lounge & Castaway Centre. An outdoor playground, play pavilion and air-conditioned relaxation rooms make for the perfect base for children, where they can enjoy a full programme of engaging activities led by the dedicated kids' club team.

Daily: 09h00 - 17h00

Open to children aged 4 - 12 years