



In Room
FITNESS & WELLNESS

DISCOVER OUR MENU OF FITNESS EQUIPMENT AND SPA WELLNESS
EXPERIENCES AVAILABLE TO ENJOY IN YOUR CASITA OR SUITE



FOUR SEASONS
RESORT
SCOTTSDALE AT TROON NORTH

In Room FITNESS EQUIPMENT

Elevate your stay and enjoy a workout in the comfort of your private Casita or Suite with a variety of fitness equipment available for delivery to your guest room.



PELOTON® EXERCISE BIKE - \$150 per day

Includes Peloton programming with your own log-in or the Spa's log-in, dual pedals with SPD cycling shoe-compatible and toe cage tennis shoe-compatible options.



HOIST FITNESS® LEMOND PRO SPIN BIKE - \$75 per day

Includes dual pedals with SPD cycling shoe-compatible and toe cage tennis shoe-compatible options.



TECHNOGYM® CASE - \$50 per day

Take your workout to the next level with functional tools including a foam roller, massage ball, exercise mat, exercise and power bands, and access to the Technogym virtual training video library.



COMPLIMENTARY FITNESS EQUIPMENT

- Yoga Mats
- Free Weights (2, 3 and 5 lb)

For In-Room reservations and delivery, please contact the Spa at 480-513-5145.

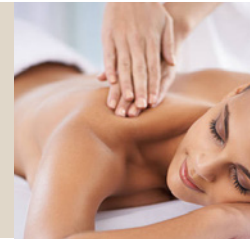
In Room SPA & WELLNESS

Post workout, or when you just need a little self care, treat yourself to DIY wellness equipment, and spa or beauty treatments in your Casita or Suite.



THERAGUN® MASSAGE TOOL - \$75 per day

Feel revitalized with this self-applied massage tool to increase blood flow, release muscle tension, decrease inflammation and stress. Also available for purchase at the Spa.



IN ROOM MASSAGE

Enjoy a massage in the privacy and comfort of your casita or suite. Available inside, or under the desert night sky on your terrace.

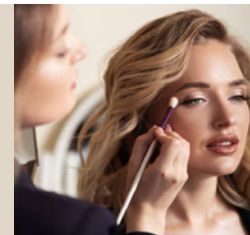
- 60-minutes - \$320 | 90-minutes - \$410



IN ROOM BLOWOUT

Enjoy a customized blowout that fits your occasion. Please be ready with clean wet hair.

- 60-minutes - \$200



IN ROOM MAKE-UP

Get red carpet ready in the comfort of your guest room. Service includes customized make-up application and eyelash extensions.

- 60-minutes - \$200

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