



FOUR SEASONS

RESORT

NEVIS, WEST INDIES



FESTIVE PLANNING GUIDE 2023-2024

# LET IT *NEVIS*

Happy Holidays! As the festive season embraces us, we're brimming with gratitude and enthusiasm to welcome you to our Resort. Whether you're a first-time guest or returning for another year of joy and celebration, we're thrilled to welcome you home to our idyllic paradise.

This year, we have a wide variety of activities planned for you and your family, all designed to share the very best of Nevis and infuse the air with the magic of the holidays. Our carefully curated program features a symphony of signature dining escapades, rejuvenating spa and wellness sessions, exhilarating sporting pursuits on the golf, tennis and pickleball courts, family fun for kids and kids at heart and, of course, special celebratory events, all promising both tranquil moments and exhilarating experiences under the sun-soaked Caribbean skies.

However you choose to immerse yourself in our offerings, remember that Nevis is more than just a destination – it's your cherished home away from home. We're dedicated to helping you craft enduring memories as an integral part of our Nevisian family.





# DINING OFFERINGS

(++) All prices are in US Dollars and subject to 12% tax and 18% service charge.

## *EsQuilina*

Centrally located just inside our Great House lobby, this restaurant offers an updated take on a Caribbean-inspired breakfast buffet in the morning, while in the evening, it serves Mediterranean dishes, highlighted by delectable dips and charcuterie, fresh grilled fare and more.

Breakfast: 7:00am – 11:00am

Dinner: 5:30pm – 9:30pm

## *crowned monkey RUM BAR*

With a playful design inspired by the island's unofficial mascot – the Green Vervet monkey – crowned monkey RUM BAR exudes elegance and sophistication with a cheeky twist. Boasting the finest rums and spirits from around the world, pull up to the bar for pre-dinner cocktails or moonlit nightcaps.

Cocktails: 5:00pm – 11:00pm

## *Mango*

Gaze out at the glistening waters of the Caribbean as the sun sets beyond the horizon at Mango restaurant. With unobstructed views of neighbouring St. Kitts from the bar and outdoor dining space, this Caribbean-inspired restaurant offers refined Caribbean cuisine with Nevisian flare.

Dinner: 5:30pm – 9:30pm

## *Kastaway Beach Bar*

The Japanese-inspired menu features a unique sushi offering while dining seaside. Serenity meets culinary artistry as you experience handcrafted rolls, nigiri and sashimi that combine vibrant colors and delicate textures that mirror the surrounding tropical paradise.

Lunch: 11:30am – 3:30pm

Speciality Nights: 5:30pm – 9:30pm

## *Resort Pier*

Bask in breathtaking scenery, a cool island breeze and direct sunset views across the Caribbean Sea every evening at the pier.

Sundowners: 4:30pm to Sunset

## *On the Dune*

On the Dune is the Resort's signature restaurant, highlighted by an eclectic blend of fresh, locally-sourced seafood and farm produce. For lunch, kids will be delighted by the array of selection with a kid-friendly buffet. Bar offerings focus on a noteworthy selection of wines by the glass and a well-executed cocktail program to be enjoyed in a upscale and relaxed beachside environment.

Bar: 11:00am – 12:00am

Lunch: 11:30am – 3:30pm

Dinner: 5:30pm – 9:30pm

## *Hamilton Room*

Elegantly adorned with expansive glass doors and an inviting patio area, this spacious venue offers an unparalleled vistas of the breathtaking Caribbean Sea and lush Resort foliage. It's a place where the beauty of nature seamlessly blends with sophisticated design, creating an ambiance that sets the stage for an exquisite dining experience.

Breakfast: 7:00am – 11:00am (Kids Buffet Available)

New Year's Eve Dinner: 6:30pm

## *Kids Dining*

Indulge your little ones with our delightful daily-changing kids buffet available in the evenings at all of our outlets and during lunch at the On the Dune. Children 5 to 12 years old will dine at 50% off the specialty menu prices and children 4 years old and under eat free.

## *Entertainment*

There will be live entertainment each evening, highlighting local and international artists at various restaurants.

## *Private Dining Events*

Our catering team will be delighted to help you organise a special family dinner in one of our wonderful venues or at your villa. For more information or to make a private dining reservation, please contact the **Festive Assistant, Liezel Roa at [FB.Reservations.NEV@fourseasons.com](mailto:FB.Reservations.NEV@fourseasons.com)**.

# HOLIDAY HIGHLIGHTS

**DECEMBER  
24TH**

## *Caribbean Cuisine Class*

In this immersive culinary class, you will have the opportunity to tantalize your taste buds with an array of exotic flavours, spices and techniques synonymous with the Caribbean that define the culinary landscape of the region.

Time: 12:00pm – 2:00pm  
Location: Mango  
Cost: USD 120 ++ (Includes Lunch)

## *Christmas Eve Dining*

Enjoy delectable holiday cuisine and experience a variety of special menu items, from celebratory Caribbean classics to traditional holiday favourites. Our outlets will offer an a la carte menu with seasonal specials that are sure to delight the palate.

Time: 5:30pm – 9:30pm  
Location: EsQuilina, Mango and On the Dune  
Cost: A la Carte Menu + Christmas Eve specials

**DECEMBER  
25TH**

## *Christmas Day Brunch*

Get ready to sleigh the holiday spirit at our Christmas Day Brunch. It's not just a meal – it's a jolly feast for your taste buds and a festive fiesta for your soul.

Time: 11:30am – 2:30pm  
Location: EsQuilina  
Cost: USD 85 ++

## *Cocktail Making Class*

Join us for a tasty cocktail making class that will take you on a journey through the art of mixology, revealing the secrets to crafting exquisite drinks that dance on your palate and elevate your spirits.

Time: 4:30pm – 5:30pm  
On the Dune Restaurant  
Cost: USD 60 ++

**DECEMBER  
26TH**

## *Rosé & Ceviche*

Experience an enchanting evening by the water's edge with our Rosé & Ceviche Sundowners on the pier. Indulge in the perfect pairing of crisp rosé wines and refreshing ceviche creations as the sun dips below the horizon.

Time: 4:30pm – sunset  
Location: The Resort Pier  
Cost: Based on Consumption

## *Caribbean Night*

Experience the spirit of the Caribbean in all its glory during an unforgettable night of cultural immersion. From the moment you arrive, you'll be enveloped in the warmth and vibrancy of this captivating region.

Time: 5:30pm – 9:30pm  
Location: Mango  
Cost: USD 85 ++ (Buffet)

**DECEMBER  
27TH**

## *Indian Cuisine Class*

Get ready for a rich tapestry of Indian cuisine as we explore the vibrant spices, aromatic herbs, and time-honored techniques that have made Indian food a global sensation.

Time: 12:00pm – 2:00pm  
Location: EsQuilina  
Cost: USD 120 ++ (Includes Lunch)



# HOLIDAY HIGHLIGHTS

## DECEMBER 28TH *Afternoon "Bush" Tea*

It's time to slow down and let nature's comforting embrace be paired with the warm infusion of handpicked herbs. This unique event is a celebration of the art of brewing bush tea, an age-old tradition known for its calming effects and wholesome flavors.

Time: 2:30pm – 4:30pm

Location: On the Dune Bar

Cost: \$55 ++ per person

*Limited amount of sets available. Maximum of four (4) persons per set. Reservations are required 24 hours in advance.*

### *Cocktail Making Class*

Join us for a tasty cocktail making class that will take you on a journey through the art of mixology, revealing the secrets to crafting exquisite drinks that dance on your palate and elevate your spirits.

Time: 4:30pm – 5:30pm

Location: On the Dune Restaurant

Cost: USD 60 ++

### *Mexican Beach Party*

Get ready to sway to the rhythm of the waves and immerse yourself in the energetic beats and lively hues of a Mexico fare, all set against the stunning backdrop of the Caribbean. Experience a blend of Mexican flavours and premium tequilas.

Time: 9:00pm – 11:00pm

Location: On the Dune Bar

Cost: Based on Consumption

## DECEMBER 29TH *Caribbean Cuisine Class*

In this immersive culinary class, you will have the opportunity to tantalize your taste buds with an array of exotic flavours, spices and techniques synonymous with the Caribbean that define the culinary landscape of the region.

Time: 12:00pm – 2:00pm

Location: Mango

Cost: USD 120 ++ (includes Lunch)

### *Oyster & Champagne*

Set against the backdrop of a breathtaking sunset, join us for an exquisite pairing of freshly shucked oysters and the effervescent allure of fine Champagne.

Time: 4:30pm to sunset

Location: The Resort Pier

Cost: Based on Consumption

### *Seafood Celebration*

Gather your loved ones and immerse yourselves in a bountiful spread of oceanic treasures, expertly prepared and presented for sharing.

Time: 5:30pm – 9:30pm

Location: On the Dune Restaurant

Cost: USD 95 ++



# HOLIDAY HIGHLIGHTS

## DECEMBER 30TH *Cocktail Making Class*

Join us for a tasty cocktail making class that will take you on a journey through the art of mixology, revealing the secrets to crafting exquisite drinks that dance on your palate and elevate your spirits.

Time: 4:30pm – 5:30pm  
Location: On the Dune Restaurant  
Cost: USD 60 ++

### *Beach BBQ Night*

Let the limin' begin as you embark on an evening of beachfront indulgence where the scent of sizzling barbecue meets the rhythm of the Caribbean beats.

Time: 5:30pm – 9:30pm  
Location: Kastaway  
Cost: USD 85 ++

### *Caribbean Beach Party*

Get ready to dance in the sand, savor exotic flavours and soak up the sun's embrace as you're transported to a world of vibrant colors, lively beats and pure tropical joy.

Time: 9:00pm – 11:00pm  
Location: Kastaway  
Cost: Based on Consumption

## DECEMBER 31ST *New Year's Eve Dining*

Savour a delectable a la carte menu at any of our on property restaurants with exclusive New Year's Eve special items, showcasing beautiful dishes that blend cherished traditions with inventive flair. As the night progresses, raise your glass to a year ahead filled with potential and happiness, enveloped by the inviting atmosphere of cherished company and refined decorations.

Time: 6:30pm – 9:30pm  
Location: Mango and On the Dune  
Cost: A la Carte Menu + New Year's Eve specials





# SAVE THE DATE! *COUNTDOWN TO 2024*

## *New Year's Eve Gala Dinner*

Step into a world where the Caribbean's turquoise waters meet the Mediterranean's sun-soaked cuisine, from a seafood feast with lobster, shrimp and oysters to freshly carved Cinco Jotas Jamon Iberico, along with a soup and pasta station featuring truffle linguine and all the delectable sides, creating an enchanting fusion that beckons you to an extraordinary New Year's Eve celebration. Imagine the lively rhythms of the Caribbean seamlessly intertwining with the timeless traditions of the Mediterranean, all within the confines of a single culinary journey.

**December 31 starting at 6:30pm**

**Location: EsQuilina and Hamilton Room**

**USD 280++ per adult and USD 140++ per kid**

*All prices are in US Dollars and subject to 12% tax and 18% service charge. Children 5-12 years old eat at 50% off the specialty menu prices. Children 4 years old and under eat free.*

**Advance Purchase (with full payment before the 15th of December): USD 200++ per adult and USD 100++ per kid**

## *Tropic Like It's Hot New Year's Eve Party*

Welcome the dawn of a New Year in true Caribbean style as you get ready for an unforgettable evening of elegance, entertainment and enchantment as we bid farewell to the old and usher in the new against the backdrop of the sparkling Caribbean Sea. This event promises an extraordinary experience that encapsulates the magic of the islands and the promise of new beginnings.

**Private party tents are available on a first-come, first-serve basis starting at USD \$6,500, which includes beverage consumption of up to USD 500.**

**December 31st**

**Time: 9:00pm – 2:00am**

**Location: Limin' Pool Lawn**

**Entertainment: Regal Band and BELLOSOUND**

# HOLIDAY HIGHLIGHTS

**JANUARY  
1ST**

## *Caribbean Cuisine Class*

In this immersive culinary class, you will have the opportunity to tantalize your taste buds with an array of exotic flavours, spices and techniques synonymous with the Caribbean that define the culinary landscape of the region.

Time: 12:00pm – 2:00pm  
Location: Mango  
Cost: USD 120 ++ (Includes Lunch)

## *Afternoon "Bush" Tea*

It's time to slow down and let nature's comforting embrace be paired with the warm infusion of handpicked herbs. This unique event is a celebration of the art of brewing bush tea, an age-old tradition known for its calming effects and wholesome flavors.

Time: 2:30pm – 4:30pm  
Location: On the Dune Bar  
Cost: \$55 ++ per person  
Limited amount of sets available. Maximum of four (4) persons per set. Reservations are required 24 hours in advance.

## *Rosé & Ceviche*

Experience an enchanting evening by the water's edge with our Rosé & Ceviche Sundowners on the pier. Indulge in the perfect pairing of crisp rosé wines and refreshing ceviche creations as the sun dips below the horizon.

Time: 4:30pm to sunset  
Location: The Resort Pier  
Cost: Based on Consumption

**JANUARY  
2ND**

## *Cocktail Making Class*

Join us for a tasty cocktail making class that will take you on a journey through the art of mixology, revealing the secrets to crafting exquisite drinks that dance on your palate and elevate your spirits.

Time: 4:30pm – 5:30pm  
Location: On the Dune Restaurant  
Cost: USD 60 ++

## *Caribbean Night*

Experience the spirit of the Caribbean in all its glory during an unforgettable night of cultural immersion. From the moment you arrive, you'll be enveloped in the warmth and vibrancy of this captivating region.

Time: 5:30pm – 9:30pm  
Location: Mango  
Cost: USD 85 ++ (Buffet)

**JANUARY  
3RD**

## *Indian Cuisine Class*

Get ready for a rich tapestry of Indian cuisine as we explore the vibrant spices, aromatic herbs, and time-honored techniques that have made Indian food a global sensation.

Time: 12:00pm – 2:00pm  
Location: EsQuilina  
Cost: USD 120 ++ (Includes Lunch)





# HOLIDAY HIGHLIGHTS

## JANUARY 4TH *Afternoon "Bush" Tea*

It's time to slow down and let nature's comforting embrace be paired with the warm infusion of handpicked herbs. This unique event is a celebration of the art of brewing bush tea, an age-old tradition known for its calming effects and wholesome flavors.

Time: 2:30pm – 4:30pm

Location: On the Dune Bar

Cost: \$55 ++ per person

Limited amount of sets available. Maximum of four (4) persons per set. A 24hr prior booking is required.

### *Mexican Night at Kastaway*

Experience the magic of Mexican cuisine in the Caribbean as we celebrate its culture, cuisine and joyful spirit through a night filled with laughter, dance and authentic flavours.

Time: 5:30pm – 9:30pm

Location: Kastaway

Cost: USD 75 ++

## JANUARY 5TH *Caribbean Cuisine Class*

In this immersive culinary class, you will have the opportunity to tantalize your taste buds with an array of exotic flavours, spices and techniques synonymous with the Caribbean that define the culinary landscape of the region.

Time: 12:00pm – 2:00pm

Location: Mango

Cost: USD 120 ++ (Includes Lunch)

### *Cocktail Making Class*

Join us for a tasty cocktail making class that will take you on a journey through the art of mixology, revealing the secrets to crafting exquisite drinks that dance on your palate and elevate your spirits.

Time: 4:30pm – 5:30pm

Location: On the Dune Restaurant

Cost: USD 60 ++





# KIDS FOR ALL SEASONS



## *Fun for Kids and Kids at Heart*

Our popular, complimentary program is available for children between the ages of three (3) and nine (9) years old from 9:00am to 5:00pm. In addition to our regular programming, our KFAS team has organised fun activities for children of all ages. Each activity is supervised by a trained professional and includes a wide range of creative and educational options throughout the day. Participation fees may apply.

**Hours: 9:00am – 5:00pm (Daily)**

**Location: Kids For All Seasons Clubhouse  
(869) 469-1111 ext 2806**

Children ages three (3) years & older must be potty-trained. Kids ages two (2) and under must be accompanied by a parent or adult supervisor at all times while in the camp.

After-hours activities require 24 hours advance booking and a minimum of 5 persons. Please register at KFAS or at the Concierge Desk.

Dinner is on consumption unless otherwise indicated.

# HOLIDAY HIGHLIGHTS

## *Santa Fiesta*

Children are always fascinated by the way Santa makes his way to Nevis ... especially to Four Seasons! You don't want to miss his grand entrance or the opportunity to meet Santa and Mrs. Claus. They bring treats for all kids at the Resort and look forward to taking a photograph with them. So wake up early, have your breakfast and get ready ... Ho! Ho! Ho!

## *Family Lantern Release*

In Nevis, it is considered good luck to release a lantern into the water; many believe they are symbolic of problems and worries floating away. Order and release your lanterns to celebrate with your loved ones on Christmas Day or New Year's Day.

## *MORE FUN*

### *Art & Adventure*

Let your imagination run wild during any of the fun activities, from paint and sip, where kids will make beautiful artwork while they enjoy refreshing juices and snacks, to science fun. With a mix of indoor and outdoor games, along with slime making, fish feeding and s'mores and movie night under the stars; everyone is sure to bring home something special.

### *Puppet Show*

This interactive puppet show will have the kids laughing and learning with some of their favorite marine characters for a holiday tale beyond the shoreline.

### *Make & Take Crafts*

Kids will get to design their own crafts from bags to tie-dye shirts to bring home using traditional Caribbean colors and styles.

### *Master Chef Juniors Cooking Class*

Learn from the master and craft your own tasty creations. Kids can grow their skills in the kitchen during our interactive cooking and baking classes.

### *Scavenger Hunt*

From searching for treats to testing their knowledge of marine life trivia, the kids will enjoy exploring the property and are bound to have endless fun during this fun and educational activity.

### *Coconut Story*

Join "Uncle Mac Kee," our Director of Guest Experiences, for a lesson on how the coconut plays a vital role in Nevisian culture, history and cuisine. Sitting on the lawn, you'll nibble on local coconut snacks and watch him and a local narrator talk about all the benefits and uses of the coconut tree.

### *Babysitting*

We will be delighted to look after your children while you relax and enjoy some personal time. With four hours notice, we can arrange to have one of our qualified and experienced sitters take care of your little ones. Please contact the Concierge for more details. Please note, fees are applicable.

### *Movie Night*

Head to the kids club for a movie night under the stars where you get to see your favourite characters on the big screen with a few added treats.



# HOLIDAY HIGHLIGHTS

## SATURDAY, DEC. 23

- 9:00am **Nature Walk**
- 10:00am **Fish Feeding**
- 11:00am **Make & Take Craft (Tie-dye shirts) (\$35)**
- 1:00pm **Musical Chairs**
- 2:00pm **Hair Braiding (\$40)**
- 3:00pm **Hide & Seek**
- 4:00pm **Tug of War**
- 6:00pm **Movie Night (\$45)**

## SUNDAY, DEC. 24

- 9:00am **Nature Walk**
- 10:00am **Bocci Class**
- 11:00am **Puppet Show**
- 1:00pm **Simon Says**
- 2:00pm **Blot Painting**
- 3:00pm **Find It. Keep It**
- 4:00pm **Water Balloon Fun**
- 6:00pm **Movie Night (\$45)**
- 6:30pm **Water Lanterns Release (\$30)**

## MONDAY, DEC. 25

- 9:00am **Santa Fiesta**
- 10:00am **Lizard Hunting**
- 11:00am **Make & Take Craft (Key Chains) (\$20)**
- 12:00pm **Bubble Games**
- 2:00pm **Slime Making**
- 3:00pm **Hair Braiding (\$40)**
- 6:00pm **Movie Night (\$45)**
- 6:30pm **Water Lanterns Release (\$30)**

## TUESDAY, DEC. 26

- 9:00am **Nature Walk**
- 10:00am **Bocci Class**
- 11:00am **Volcano Fun**
- 1:00pm **Kite Making (\$40)**
- 2:00pm **Mixology Class (\$30)**
- 3:00pm **Hide & Seek**
- 4:00pm **Water Obstacle Challenge**
- 6:00pm **Movie Night (\$45)**

## WEDNESDAY, DEC. 27

- 9:00am **Nature Walk**
- 10:00am **Crab Hunting**
- 11:00am **Scavenger Hunt**
- 1:00pm **Making & Take Craft (Mugs) (\$30)**
- 2:30pm **Cooking Class (Pizza Making) (\$60)**
- 3:00pm **Hair Braiding (\$40)**
- 4:00pm **Paint & Sip (\$50)**
- 6:00pm **Movie Night (\$45)**

## THURSDAY, DEC. 28

- 9:00am **Nature Walk**
- 10:00am **Sandcastle Building**
- 11:00am **Shuffleboard Class**
- 12:00pm **Leaf Painting**
- 1:00pm **Simon Says**
- 2:00pm **Slime Making**
- 3:00pm **Putt Putt Golf**
- 4:00pm **Monkey Spotting Tour**
- 6:00pm **Movie Night (\$45)**

## FRIDAY, DEC. 29

- 9:00am **Nature Walk**
- 10:00am **Nature Bingo**
- 11:00am **Make & Take Craft (Mugs) (\$35)**
- 12:00pm **Red Light Green Light**
- 1:00pm **Duck Duck Goose**
- 2:00pm **Limbo Dancing**
- 3:00pm **Garden Botanical Tour**
- 4:00pm **Shell Collection**

## SATURDAY, DEC. 30

- 9:00am **Nature Walk**
- 10:00am **Fish Feeding**
- 11:00am **Make & Take Craft (Tie-dyeshirts) (\$35)**
- 1:00pm **Musical Chairs**
- 2:00pm **Hair Braiding (\$40)**
- 3:00pm **Hide & Seek**
- 4:00pm **Tug of War**
- 6:00pm **Movie Night (\$45)**

## SUNDAY, DEC. 31

- 9:00am **Nature Walk**
- 10:00am **Bocci Class**
- 11:00am **Puppet Show**
- 1:00pm **Simon Says**
- 2:00pm **Blot Painting**
- 2:00pm **Limbo Dancing**
- 4:00pm **Water Balloon Fun**
- 6:00pm **Movie Night (\$45)**
- 6:30pm **Water Lanterns Release (\$30)**





# BEACH & POOL CABANAS



## *Beach Cabanas*

Set amid lush foliage and just steps away from the clear turquoise waters of Pinney's Beach sit four luxury beach cabanas. Featuring sweeping views of the Caribbean Sea, these freestanding beach cabanas are ideal for couples or families of up to six. The gingerbread-trimmed structures resemble Nevisian dwellings and feature an indoor living room with a sofa, a dining nook and an open-air sun deck with multiple lounge chairs. The cabanas also come equipped with a flat-screen TV, BlueTooth Speakers station, board games and toys for kids.

## *Pool Cabanas*

Surrounded by lush new landscaping, the four luxury pool cabanas at our Limin' Pool are fully-equipped with comfortable seating and furnishings, Wi-Fi connectivity and power.

*The beach and pool cabanas are available for rent from 9:00am to 5:00pm and offer an array of refreshing amenities.*

## *Beach & Pool Amenities*

Along with beach lounge chairs, we will offer refreshing poolside amenities from local fruits, smoothies and other treats to make your time at our beach and pool areas more enjoyable.

# WATERSPORTS & *RECREATIONAL ACTIVITIES*

## *Watersports*

The Watersports Department is located on the north end of our three-mile beach and features a variety of non-motorised and motorised equipment. Watersports adventures include guided snorkelling, water skiing, tubing, catamaran rentals, bottom fishing, Hobie Cat rental, hydra biking, paddleboarding and much more. Participation fees may apply.

## *Catamaran Sail*

You can arrange to set sail on the Caribbean Sea and enjoy a day or evening on the water. Take in the beautiful scenery of the southeast peninsula as we sail to a secluded snorkeling site. Jump into the clear water and explore the underwater world. For beginners or those who have not snorkeled for a while, a lesson can be given if needed.

## *Deep Sea Fishing*

Enjoy the beauty, challenge and excitement of big game fishing on the open sea. Learn how to use the rod, bait your hook and the overall catch process. No need to look much further, as boats will depart right from our pier.

## *Scuba Diving*

Explore the underwater world of the Caribbean Sea at one of the dive sites around Nevis and St. Kitts, including reefs, coral grottoes and shipwrecks just minutes from Pinney's Beach.

## *Local Activities*

Our local partners offer a wide variety of off-property activities, such as hiking around the island or a history and heritage tour with a local guide for guests looking to explore Nevis.





# SPA & WELLNESS

The Spa is an authentic Caribbean sanctuary set in a garden and features private Nevisian treatment rooms surrounded by the scents and sounds of Mother Nature. This tranquil escape comes complete with hot and cold plunge pools, a product shop, a full-service salon, a relaxing lounge and locker room filled with pampering products, a steam room, and showers. Our dedicated spa team of outstanding therapists looks forward to pampering you. Children ages 12 and older are also able to experience some of our Spa treatments and facials. A parent or guardian must be present for the entire treatment.

## *Spa Under the Stars*

A bottle of wine welcomes you and your special someone to your secret paradise, where the clear skies are the perfect setting for our signature Nevisian Massage, a candlelit dinner and undisturbed stargazing in your own private Spa.

## *Tranquil Tides*

Indulge in the ultimate journey of relaxation and well-being where serenity. Begin with a personalised consultation before embarking on rejuvenating spa treatments and wellness classes in serene surroundings in one of our private cabanas by the sea. As the sun sets, an exquisite dining experience awaits amidst the enchanting surroundings, creating an atmosphere of intimacy and romance.

## *Hydra Facial*

The HydraFacial uses patented technology to cleanse, extract and hydrate the skin to help smooth and moisturised, leaving it feeling clean and rejuvenated. The HydraFacial super serums are made with nourishing ingredients that create an instantly gratifying glow.

## *Fitness Centre*

We offer a 24-hour air-conditioned Fitness Centre, featuring a fitness room with workout equipment. Enjoy fitness and yoga sessions in the Spa and around the property for a peaceful start or end to your day.

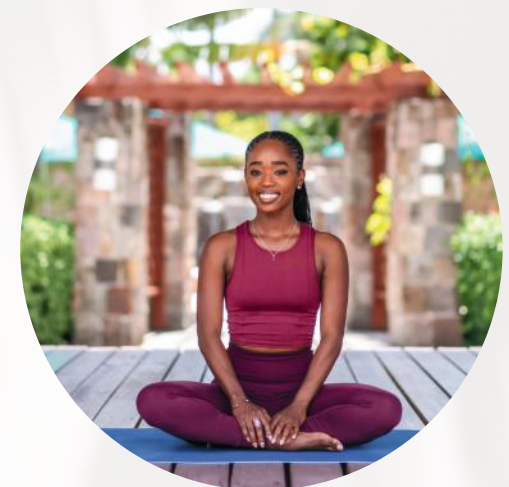
## *Wellness Classes*

Whether you're seeking the serenity of yoga, the centeredness of meditation, or the alignment of Pilates, our classes are designed to guide you towards a harmonious balance in your life. Immerse yourself in a practice that focuses on uniting your breath and body while aligning both your physical and mental well-being.

**Class Time:** 8:00am – 9:00am

**Fitness Class:** \$50 per person

**Private Classes:** \$150



# HOLIDAY HIGHLIGHTS

## SATURDAY, DEC. 23

8:00am Aqua Aerobics (complimentary)

## SUNDAY, DEC. 24

8:00am Yoga and Sound Bath Synergy (complimentary)

## MONDAY, DEC. 25

8:00am Sunrise Sound Bath Meditation (\$65)

## TUESDAY, DEC. 26

8:00am Pilates (USD 50)

## WEDNESDAY, DEC. 27

8:00am Yoga (USD 50)

## THURSDAY, DEC. 28

8:00am Core Max (USD 50)

## FRIDAY, DEC. 29

8:00am Legs, Bums & Tums (USD 50)

## SATURDAY, DEC. 30

8:00am Aqua Aerobics (complimentary)

## SUNDAY, DEC. 31

8:00am Yoga and Sound Bath Synergy (complimentary)

## MONDAY, JAN. 1

8:00am Sunrise Sound Bath Meditation (\$65)

## TUESDAY, JAN. 2

8:00am Pilates (USD 50)

## WEDNESDAY, JAN. 3

8:00am Yoga (USD 50)

## THURSDAY, JAN. 4

8:00am Core Max (USD 50)

## FRIDAY, JAN. 5

8:00am Legs, Bums & Tums (USD 50)

### *Aqua Aerobics*

Discover the joy of exercising in water as you enjoy the soothing resistance of the pool while engaging in a series of invigorating movements.

### *Yoga*

A sanctuary for self-discovery, growth and inner peace. Whether you're a seasoned practitioner or new to yoga, you'll find that this session will nurture both your physical vitality and your inner harmony.

### *Pilates*

A dynamic and invigorating workout that targets core muscles, refines posture and promotes overall mobility. This session will leave you feeling energized, centered and empowered.

### *Sound Bath & Meditaion*

Feel your entire being relaxed and rejuvenated from the vibrations of sacred instruments as they resonate throughout your body.

### *Legs, Bums & Tums*

This invigorating fusion class combines exercises that focus on your legs, glutes and core, offering a comprehensive workout that will leave you feeling empowered, energized and ready to conquer the day.

### *Core Max*

This targeted workout is designed to sculpt and tighten your core muscles, fostering stability, balance and increase your overall core strength.





# GOLF

The 6,776-yard Robert Trent Jones II golf course ranges from the shores of the Caribbean Sea to the lower slopes of Nevis Peak and offers breathtaking vistas and opportunities to spot families of Green Vervet monkeys. This challenging 18-hole championship golf course will be a true test of your golfing skills.

**Pro Shop:** 7:00am – 6:00pm

**Golf:** 7:00am – 5:00pm

## *Golf Reservations*

Bookings for tee times and private lessons can be made as soon as your guest room reservation is confirmed. An official confirmation of your lesson times will be sent to you, and tee times will be confirmed at the time of booking.

## *Eco-bio Golf*

Whether beginners or advanced enthusiasts, the entire family will enjoy practicing their swing on our mini beach driving range. Have a beachside golf competition while feeding the ecosystem with our eco-bio golf balls that turn into fish food within 72 hours of hitting the ocean floor.

## *Private Golf Lessons*

The Robert Trent Jones II golf course offers a terrific layout to learn a variety of shots during a 60-minute lesson. Lessons can take place on the range, the practice green or golf course. When you reserve a private lesson, one of our golf pros will be there to guide you through the course.

**60-minute Private Lesson:** \$150 per guest

**Semi-Private:** \$180 (shared; 2-3 guests)

**Playing Lesson:** \$150 per person per hour

### **Green Fees:**

18 holes – 7:00am to 2:30pm: \$230

9 holes – anytime: \$165

Twilight after 2:30pm: \$185

12 years & under:

\$65 before 2:30pm

\$45 after 2:30pm

12 – 16 years:

\$100 before 2:30pm

\$80 after 2:30pm

**Rental Clubs:** \$105 per set, per day.

This comes with two sleeves of six customised Four Seasons Nevis logoed balls.

## WEEKLY GOLF ACTIVITIES

### MONDAY

10:00am **Intro to Golf Clinic (\$60)**

11:15am **Chipping and Pitching Clinic (\$60)**

3:00pm **Chip and Sip (\$55)**

### TUESDAY

11:15am **Long Irons Clinic (\$60)**

### WEDNESDAY

11:15am **Putting Clinic (\$60)**

1:15pm **Woods and Drivers Clinic (\$60)**

### THURSDAY

11:15am **Combo Shots Clinic (\$60)**

4:00pm **Eco-Bio Golf (\$60)**

### FRIDAY

11:15am **Improving Scores Clinic (\$60)**

4:00pm **Party Tee-Time (\$70)**



# TENNIS & PICKLEBALL

Four Seasons Resort Nevis is ranked the #1 Tennis Resort in the Caribbean and the #10 Best Tennis Resort Program in the world by Tennis Resorts Online. The Resort features eight tennis courts – four red clay courts (two lit for night play), two hard courts (one lit for night play) and two artificial turf courts (both lit for night play). Along with four pickleball courts.

**Tennis:** 7:00am – 7:00pm

## *Racquet Sports Professionals*

We are proud to feature our racquet sports professionals from Troon Peter Burwash International. Their vast international experience will help improve your game and make your experience even more enjoyable.

## *Pickleball*

Keep active on any of our four pickleball courts for a fun new pick-up game that's fast-paced and competitive for players of all levels.

### DAILY CLINICS

9:00am **Adult Tennis Clinics (\$60)**

10:00am **Adult Tennis Clinics (\$60)**

11:00am **Pickleball Clinics (\$45)**

### SUNDAY, MONDAY & FRIDAY

9:00am **Pee Wee Clinics (\$30)**

### TUESDAY, THURSDAY & SATURDAY

9:00am **Junior Clinics (\$40)**

## *Court Surfaces*

**Hard:** \$65 (7:00am – 11:00am & 3:00pm – 7:00pm)

After 7:00pm: \$75

Between 11:00am– 3:00pm: \$45

**AstroTurf:** \$70 (7:00am – 11:00am & 3:00pm – 7:00 pm)

After 7:00pm: \$80

Between 11:00am – 3:00pm: \$55

**Clay:** \$75 (7:00am – 11:00am & 3:00pm – 7:00pm)

After 7:00pm: \$85

Between 11:00am to 3:00pm: \$50

**Private Lessons:** \$150

**Semi-Private:** up to three guests per hour: \$165

\$40 extra for every person after the 3rd person up to a max of six players.

**Balls:**

\$15 for a new can

\$10 for a hopper of recycled balls

**Ball Machine:** \$75 per hour up to 7:00pm

\$85 after 7:00pm

**Racquet Rental:** \$20 per racquet

**Racquet Stringing:** \$40 for labour and string purchase between \$20 – \$30

**Pickleball:**

Clinic Fee: \$45 per person

Court Fee: \$40 per court per hour

Paddle Rental: \$15 per hour





# RESORT *RETAIL*

## *Retail*

Need a last-minute gift or outfit? Visit our retail stores and pop-up shops featuring some of the favourite island fashions from our Gift Shop, Boutique and Jewelry Store. Visit us daily next to the lobby on the first and second floors.

**Gift Shop: 8:00am – 8:00pm**

**Boutique: 9:00am – 6:00pm**

## *Gift Wrapping*

Didn't get to wrap your perfect gift? Don't worry, we've got you. Visit us at the Gift Shop and we'll wrap your gift before the big day. Any gifts purchased at the Gift Shop will receive complimentary wrapping.

## *L'Elegance*

If you need a beautiful statement piece for the holidays, visit L' Elegance Fine Jewelry and Timepieces for a unique handcraft statement accessory that will wow.

**Jewelry Boutique: 9:00am – 6:00pm**

# RESERVATION GUIDELINES & *CANCELLATION POLICIES*

## *Dining Reservation Guidelines*

Prior dinner reservations are highly recommended and can be made through the Festive Desk or via email. Please provide your preferred reservation times, total number of guests in your party, guests' names, contact information (phone number and email) and any special requests to our Festive Assistant, Liezel Roa at [FB.Reservations.NEV@fourseasons.com](mailto:FB.Reservations.NEV@fourseasons.com).

For dining reservations, it is recommended you include alternative venues and times. Note: only one reservation per group/family will be confirmed for any given date or meal period.

Reservations can be made only for the guests registered to your room(s) or villa(s). All restaurants have a maximum table size of 10 guests, based on availability. Larger parties may need to be split up among several tables and, on occasion, our chef may suggest a pre-set menu.

## *Dining Cancellation Policy*

We kindly ask that guests with dinner reservations arrive at least 10 minutes prior to their reserved time. Reservations will be released 15 minutes after the scheduled reservation and seating will then be on a first come, first served basis. Any cancellations are required by 2:00pm on the day of your reservation or a USD 50 per person charge will apply. Duplicate reservations across multiple restaurants will not be accepted.

## *Beach & Pool Seating Guidelines*

Seating is assigned on a first-come, first-served basis when guests are ready to occupy a chaise lounge. If a chaise lounge is left unattended for more than 30 minutes, it may be reassigned to other guests. During lunch hours (i.e., 11:00 am to 2:00 pm), chaise lounges may be held for guests for up to two hours, allowing guests to enjoy lunch in the various outlets on property. Guests will need to notify an attendant if they are briefly vacating their chaise lounges to ensure that the attendant does not reassign their loungers.

## *Spa Guidelines*

Due to the high demand for spa treatments, only 50-minute treatments will be confirmed after 3:00pm. 80-minute treatments will be available only between 8:00am and 1:30pm. The spa pools and jetted tubs are reserved for guests 12 years of age or older, unless accompanied by an adult. Guests must be 12 years or older to enjoy massages, body treatments and facials. Guests must be 14 years or older to use the steam room. Guests between 12 and 17 years of age must have a parent or guardian present during the treatment or sign an authorisation waiver.

## *Spa Cancellation Policy*

Cancellations or appointment modifications are required at least 12 hours in advance of the originally scheduled date and time. The full payment will apply to appointments changed or cancelled with less than 12 hours notice. No-shows will be billed at the full treatment rate.

## *Golf & Tennis Cancellation Policy*

No-shows or cancellations made within 24 hours of a reserved clinic, lesson, tee or court time will be fully charged unless the time slot is filled.

Requests for tennis lessons, courts and clinics can be made as soon as your guest room reservations are confirmed. To ensure that each guest is able to use the tennis facilities, each guestroom is allotted one hour of tennis per day. If there are additional times left, an attempt will be made to offer more court time. All lessons and court times are one hour in length and are booked only on the hour. Adults will be given priority over juniors for the use of the clay courts. Guests are asked to complete a form to indicate four court time preferences, type of lesson and type of court. We will make every attempt to ensure all guests are allocated as many requested times as possible.

## *KFAS & Babysitting Cancellation Policy*

Cancellations must be made at least four hours prior to the confirmed time. Any cancellations between one and four hours prior to the start time will incur a 50% penalty. The full charge will apply to any no-shows or cancellations made within one hour of the start time.

## *Watersports Cancellation Policy*

We kindly request guests renting watersports equipment to be present at the Watersports Desk at least 15 minutes prior to their scheduled time. Any cancellations made less than two hours prior to the start time will incur a 50% penalty. The full charge will apply to any no-shows.



## FESTIVE & *CONCIERGE DESKS*

### *Festive Desk*

Our Festive Desk will be able to assist with making any dinner reservations during your stay. The Festive Desk is open from December 23 through January 5 from 8:00am to 6:00pm.

### *Concierge Desk*

Our Concierge agents will be available to assist with spa, golf, tennis, activities, tours or childcare reservations. The Concierge Desk is open from daily from 8:00am – 7:00pm.


*We look forward to making your festive season an unforgettable celebration for you and your family.*


## *Download Our FS Mobile App*


We invite you to experience the Four Seasons Mobile App, available for iOS and Android. You can use the app to check in with ease, as well as to request Resort services, stay up-to-date on our schedule of activities and connect with our Festive Desk. Please download the app at least 24 hours prior to your arrival in order to check in. If you don't already have a profile on [fourseasons.com](https://www.fourseasons.com), you can get started with the app by tapping the "Sign up with a Reservation" button on the home screen and using your confirmation number.

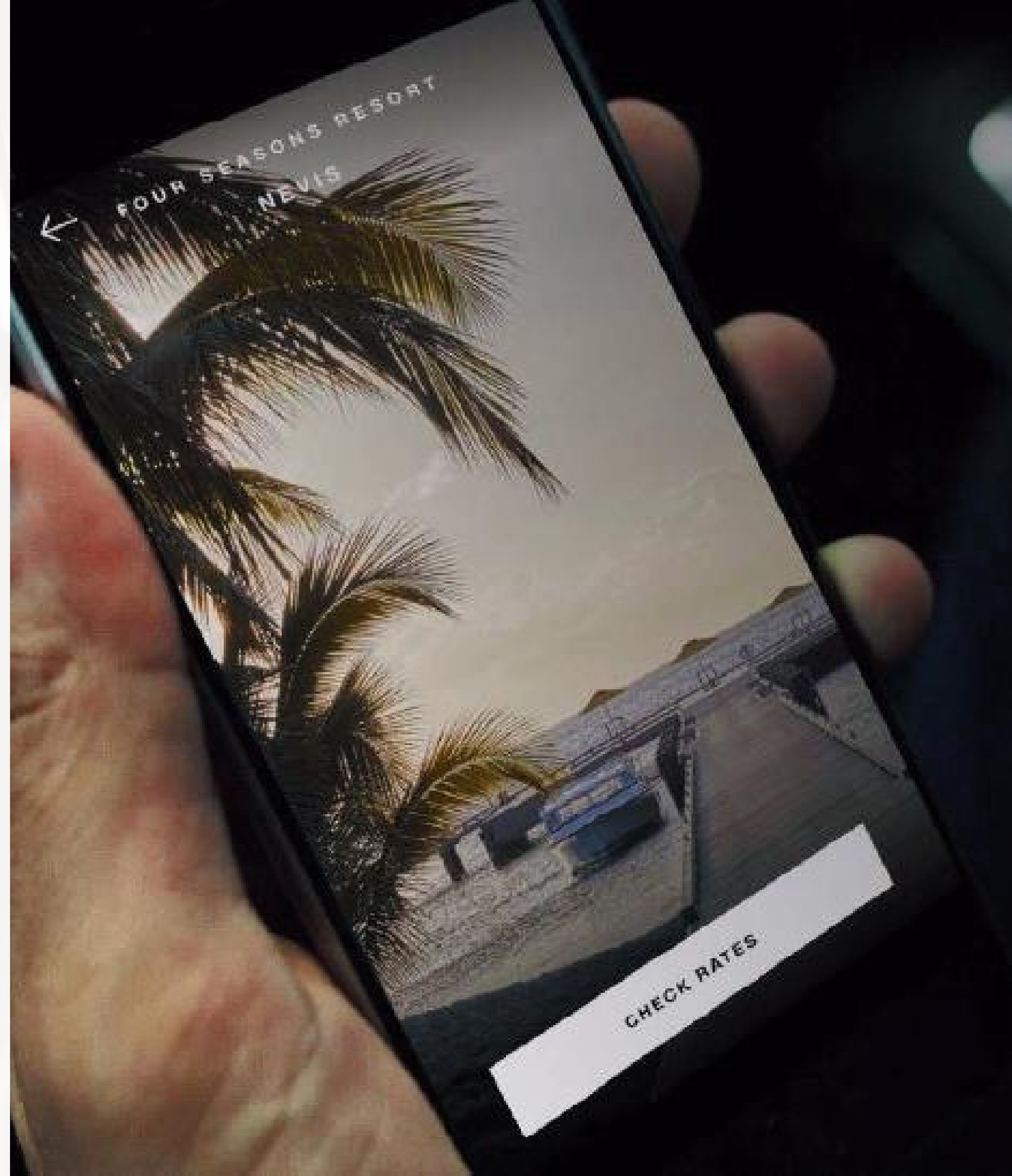


## *Get In Touch*

 869 469 1111

 P.O. Box 565, Pinney's Beach,  
Charlestown Nevis West Indies,  
Caribbean

 [reservations.nev@fourseasons.com](mailto:reservations.nev@fourseasons.com)  
[conciierge.nevis@fourseasons.com](mailto:conciierge.nevis@fourseasons.com)





FESTIVE IN NEVIS IS AN  
*INFINITE PARADISE*