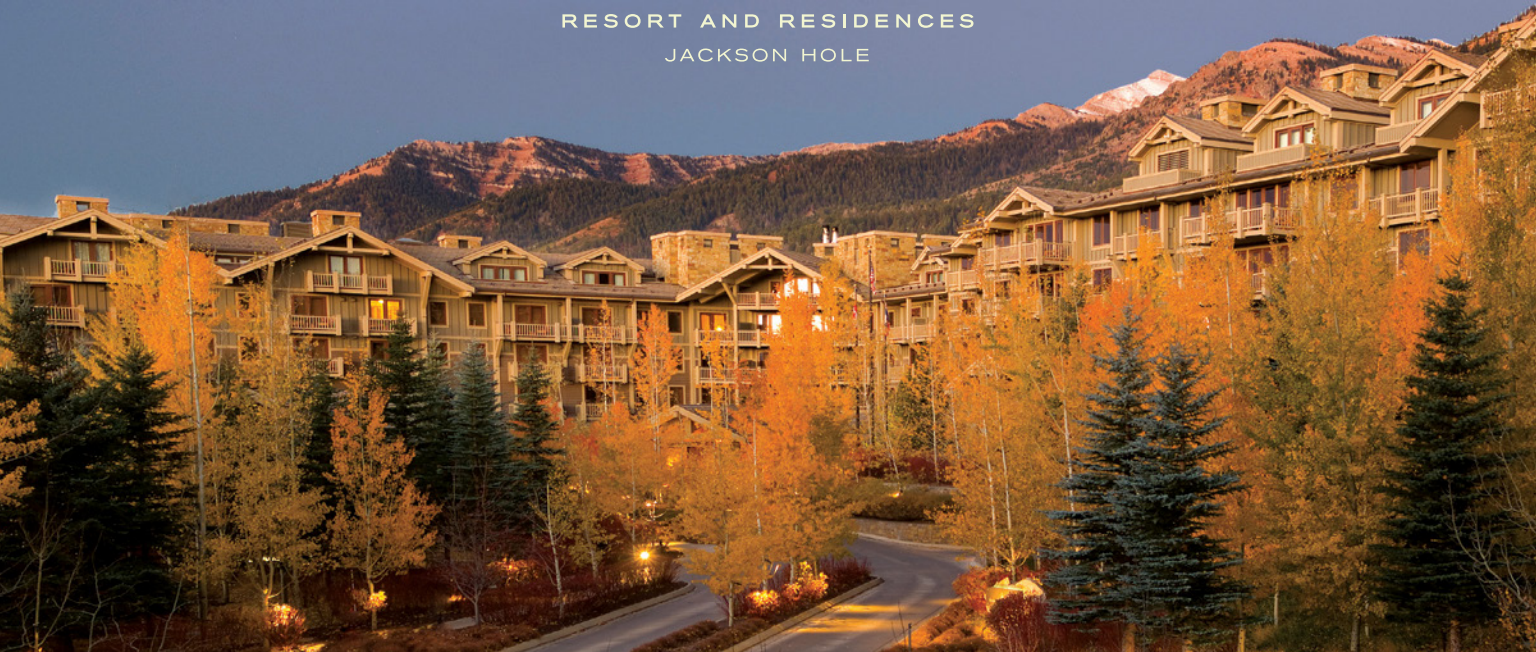




FOUR SEASONS  
RESORT AND RESIDENCES  
JACKSON HOLE



# *FALL INTO THE WILD*

Experience Wyoming's magical fall season at Four Seasons Resort and Residences Jackson Hole. Spend your days exploring Teton Village, spotting native flora and fauna on a wildlife adventure, or sightseeing in town. Evenings call for relaxing by the fire, stargazing, and dining on locally-inspired cuisine in Westbank Grill. Whatever your adventure, fall is the perfect time to experience the best Jackson Hole has to offer.

# DAILY ACTIVITIES

Our daily activities are available to enjoy anytime during your stay.

## MAKE YOUR OWN S'MORES

*Located at Ascent Lounge - 4th Floor*

Purchase a s'mores kit to enjoy during your stay at one of our outdoor firepits.

## E-BIKE RENTALS

*Located at the Front Drive*

Rent an e-bike and experience the heart-pounding thrill of cycling through the Grand Tetons, while taking in panoramic vistas of Jackson Hole's most famous mountain range.

## CREATE-YOUR-OWN KID'S PASSPORT

*Located at the Front Desk*

Pick up a complimentary passport and collect stamps throughout the resort. Show your completed passport at the Front Desk to collect a prize.

## MERCEDES BENZ DRIVE EXPERIENCE

*Reserve at the Concierge - Limited Availability*

Reserve our complimentary Mercedes Benz for the day and experience Jackson Hole in luxury.



# WEEKLY ACTIVITIES

Enjoy a host of complimentary resort activities and experiences.

## MONDAY

- 4:00pm**    **MIXOLOGY 101: THE MARGARITA**  
*Located at Ascent Lounge - 4th Floor*  
Learn to craft the perfect margarita from our master mixologist in this complimentary class.

## TUESDAY

- 9:00am -**    **MANIS & MIMOSAS**  
**12:00pm**    *Located at The Spa - 4th Floor*  
Enjoy 10% off manicures while enjoying a complimentary mimosa at the Spa.

- HATHA YOGA**  
*Located at The Spa - 4th Floor*  
**10:00am**    From September 23 - November 16  
**4:00pm**    From November 21 - 30

- 4:00pm**    **TEQUILA TASTING**  
*Located at Ascent Lounge - 4th Floor*  
Sample tequilas and learn about this agave spirit in this complimentary tasting experience.



# WEEKLY ACTIVITIES

Enjoy a host of complimentary resort activities and experiences.

## WEDNESDAY

### VINYASA FLOW YOGA

*Located at The Spa - 4th Floor*

4:00pm From September 23 - October 31

### MIXOLOGY 101: THE OLD FASHIONED

*Located at Ascent Lounge - 4th Floor*

Learn to craft the perfect old fashioned cocktail from our master mixologist in this complimentary class.

### 5:00pm WILD BY FOUR SEASONS ART WALK

*Reserve at the Concierge - Limited Availability*

Meet the artist and enjoy an art walk throughout the property with a complimentary glass of wine.

## THURSDAY

### HATHA YOGA

*Located at The Spa - 4th Floor*

10:00am From September 23 - November 16

4:00pm From November 21 - 30

### 4:00pm WHISKEY TASTING

*Located at Ascent Lounge - 4th Floor*

Sample whiskeys from Wyoming and learn about these locally made spirits.



# WEEKLY ACTIVITIES

Enjoy a host of complimentary resort activities and experiences.

## FRIDAY

**2:00pm RISHI TEA TASTING**  
*Located at Ascent Lounge - 4th Floor*  
Sample organic teas from Rishi Tea & Botanicals.

**VINYASA FLOW YOGA**  
*Located at The Spa - 4th Floor*  
From September 23 - October 31

**5:00pm FAMILY TIME**  
*Located in the Library and Game Room*  
Enjoy family time in the game room, play board games, available at the Concierge, or read books together in the Library.

## SATURDAY

**4:00pm MIXOLOGY 101: MULLED WINE**  
*Located at Ascent Lounge - 4th Floor*  
Learn to craft the perfect mulled wine recipe from our master mixologist.

## SUNDAY

**4:00pm BEER TASTING**  
*Located at Ascent Lounge - 4th Floor*  
Sample and learn about locally made craft brews.



# RESORT *WELLNESS*

## SPA TREATMENTS

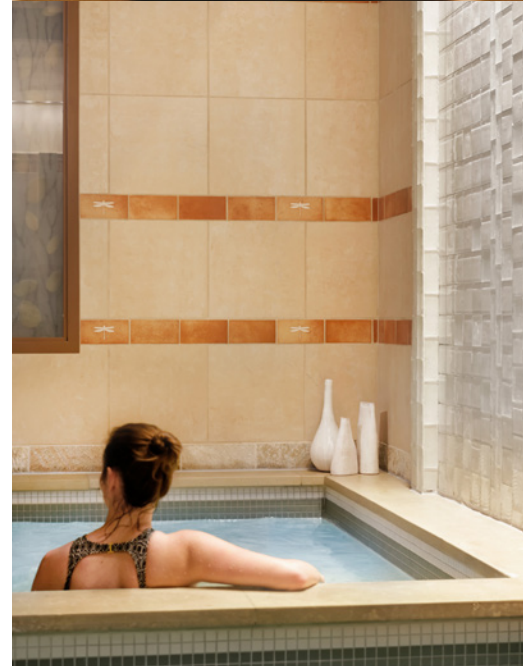
Relax or recover after a day of outdoor adventure with a treatment or hydrotherapy in our full-service Spa. Choose from an array of locally-inspired treatments, including body therapies, facials, and massage. Immerse tired muscles into the warm waters of our tranquil whirlpools, or take the exhilarating plunge into our cold tub to awaken the body and reduce inflammation.

### **CALMING HERBAL BODY RENEWAL**

Evoke a sense of peace from the inside out with this calming experience. Mineralizing salt and volcanic pumice gently polish the body, leaving it soft and beautifully conditioned. A warm shower follows, activating aromatic notes of highland lavender and blue chamomile and soothing dry, irritated skin. Wrapped into a hydrating cocoon of natural shea and cooling aloe, muscular tension is decreased and balance is renewed to the mind. A calming chamomile tea is enjoyed post treatment. *90-minutes | \$375*

### **WELLNESS FOR CANCER CARE MASSAGE**

Tailored to the needs of the individual, this massage provides connective therapy to those touched by the effects of Cancer or Cancer treatment. Creating a safe space for consultation, our certified staff will guide you through treatment that can incorporate lymphatic support, easement of dry, radiated skin or simply to alleviate anxiety and fatigue. A portion of the proceeds of this treatment will be donated to our local community St. John's Health for the Healing Touch & Healing Beyond Words programs for Cancer relief. *60/90-minutes | \$230/\$325*



# RESORT *WELLNESS*

## SPA HYDROTHERAPY

Relax or recover after a day of hiking, biking, skiing, or a spa treatment in our indoor Spa facilities. Immerse tired muscles into the warm waters of our tranquil whirlpools. Feeling brave? Take the exhilarating plunge into our cold tub to awaken the body and reduce inflammation. Hot and cold therapy offers health benefits ranging from improved cardiovascular function to elevated mood and the burning of calories.

## HEATED OUTDOOR POOL & SPA TUBS

Take a dip in our heated outdoor pool as the alpine glow sets in just before dusk. Rejuvenate tired muscles in any of our three outdoor heated spa tubs, while towels and robes are kept warm in heater boxes.

## FITNESS CENTRE

Stay on top of your fitness routine with the help of our certified fitness and yoga trainers, offering classes listed in our weekly activities schedule. Our state-of-the-art fitness centre is open 24-hours daily and includes weight training and cardiovascular equipment. Post workout, relax in our Spa with access to the steam room, indoor whirlpool and cold plunge pool.



# JACKSON HOLE *EXPERIENCES*

Please contact the concierge to reserve your destination experience.

## **WILDLIFE SAFARI**

Embark upon a half or full day wildlife safari, exploring the National Elk Refuge and Grand Teton National Park in search of the area's abundant wintering wildlife.

Thousands of mule deer, elk, moose, bighorn sheep and bison migrate into the valley in search of food each year along with coyotes, foxes, bald and golden eagles, swans, and wolves. Enjoy gourmet food and beverages, and luxury transportation directly from the Resort.

## **A DAY WITH THE WOLVES**

Explore our deep connection with the gray wolf population of Yellowstone National Park. Embark on a private flight as you journey across the country's most pristine wilderness and be guided by an expert naturalist with the opportunity to view wolves in their natural habitat. This experience must be booked in advance.

## **JACKSON HOLE TOWN SQUARE**

The charming town square in Jackson Hole is surrounded by restaurants, art galleries, and retail shops. Be sure to check out the weekly calendar of events online, as the town square is a vibrant place of activity year-round, hosting numerous fun and lively events.

## **STARGAZING**

Experience some of the darkest skies in North America, providing the perfect backdrop for stargazing.

Each session lasts two and a half hours and includes the use of a state-of-the-art telescope for an intimate view of nebulas, the cosmos and more.





# JACKSON HOLE *EXPERIENCES*

Please contact the concierge to reserve your destination experience.

## **MUSEUMS & GALLERIES**

Jackson Hole boasts an abundance of museums and galleries. Be sure to allot time to visit the acclaimed National Museum of Wildlife Art, situated on a butte overlooking the National Elk Refuge.

## **JACKSON HOLE SHOOTING EXPERIENCE**

Learn to shoot or improve your skills with a team of dedicated instructors, committed to safety, and passionate about the sport of shooting. Seasonal choices include both clay shooting and archery, as well as an array of other options.



# SIGNATURE *FALL* COCKTAILS

Enjoy our specialty seasonal cocktails as you toast with family and friends to a day well spent.

## **APPLE CIDER HOT TODDY**

Bourbon, honey, spiced house cider, lemon

## **BACKCOUNTRY OLD FASHIONED**

Wyoming whiskey single barrel, brown sugar, cinnamon, clove, orange



# RESORT *DINING*

For reservations or more information, please call 307-732-5188.

## **WESTBANK GRILL**

Enjoy panoramic views of Teton Village and Rendezvous Peak, a dynamic open kitchen, and a cozy setting at our inviting mountain steakhouse.

## **ASCENT LOUNGE**

See what our creative bartenders have in store this season at our slope-side bar, with a menu of "Mountain Mediterranean" shareable favorites to enjoy by the wood-burning fireplace or on the heated outdoor patio.

## **THE HANDLE BAR**

Hungry skiers, travelers and revel rousers, this is the place for you. Grab a seat at our American pub and beer hall, featuring a wide selection of American and international beers, whiskeys and provisions.

*Closed from October 30 through November 23, 2023.*

## **IN-ROOM DINING**

Whether you want a romantic dinner in the privacy of your room, need to feed a hungry family or are simply craving a burger in the middle of the night, our in-room menus feature items from each of our restaurants as well as comforting homestyle classics.





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307-732-5000 | [fourseasons.com/jacksonhole](https://fourseasons.com/jacksonhole)